SECOND-YEAR
ADVISING GUIDE

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ACTIVITIES
Wondering how to make the most of your first year? Review these academic and co-curricular activities and consider adding them to your to do list each quarter.

SUMMER
- Make a short list of academic and co-curricular goals for your second year.
- Research activities outside the classroom you would like to be involved in or where you might take on more of a leadership role.
- Plan for how you may need to modify your study skills and time management going into your second year.
- Work a summer job or volunteer to further explore interests and test career hypotheses.
- Conduct an informational interview or shadow someone in a career field that you’re interested in.

AUTUMN
- Have a plan and timeline to declare a major. If your intended major is capacity constrained, create a parallel plan.
- Learn about the UW Satisfactory Progress Policy and how it might impact you.
- Attend information sessions or visit/contact an advisor in your intended department(s).
- Explore new student organizations related to your major and/or career goals.
- Apply for an Undergraduate Community-Based Internship (UCBI) for Winter and Spring Quarters.
- Attend the Study Abroad Fair and meet with a study abroad advisor.
- Update your resume, LinkedIn profile and Handshake profile with your recent/Summer experiences.

WINTER
- Connect with faculty and advisors in your intended department(s).
- Reflect on how you can use your remaining general education course requirements and electives to enhance your UW education.
- Explore opportunities to serve as a mentor or be mentored.
- Consider applying for an on-campus job.
- Sign up to participate in the Undergraduate Research Symposium.
- Sign up for Career and Internship Center Workshops and Small Group Coaching.
- Reach out to a faculty member to talk with them about their interests and research.

SPRING
- Declare and/or apply to your major or have a plan to declare your major within the next quarter or two. If not, work with your adviser on a pre-major extension plan.
- Solidify your plan for summer and consider options such as working, participating in research, or studying abroad.
- Participate in the Undergraduate Research Symposium.
- Participate in an Alternative Spring Break Program.
- Attend the Job and Internship Fair and search for summer positions on Handshake.
- Apply to be matched with Alumni through the Huskies@Work Program to learn more about their career journeys and workplaces.
- Begin to think about your plans for the summer. Do you plan to work? Take coursework? Volunteer?
- Get involved in ASUW.

QUESTIONS
Reflection and Questioning will help you get the most out of college and your advising experience. Don’t know what questions to ask? Here are some questions for you to reflect on and ask your adviser.

QUESTIONS TO ASK YOURSELF:
- What was the best part of my first year? What was the most challenging part of my first year?
- What are my goals for the summer?
- What types of careers or jobs interest me? How can I find someone in these fields to talk to?
- Where have I found my friendships and support network? How do I want to continue those relationships? Are they helping me to be my best, or are they distracting me?
- And if I haven’t found those folks, where might I start to meet them, and get to know them?

QUESTIONS TO ASK YOUR ADVISER:
- How can I best prepare to make the most out of my second year?
- Given my academic goals, does my fall schedule need any adjustment?
- If I wasn’t very involved last year and felt that I spent a lot of time studying and in the library. How can I better balance my academics and co-curricular activities?

QUESTIONS FOR DEPARTMENTAL ADVISERS:
- What opportunities for leadership or mentorship are available within the major?
- How can I get involved in research within the department?
- Based on my interests, are there any special course offerings you suggest that I look into for the next quarter?
- What opportunities for leadership or mentorship are available within the major?