Call to Order and Attendance

Committee Chair Regent Jaech called the meeting to order at 10:00 a.m.

Committee Members Present: Jaech (Chair), Brown, Rice, Riojas, and Simon
Other Regents Present: Ayer and Harrell

Approval of Minutes

Regent Jaech announced that, hearing no objections, the minutes from the Committee meeting on January 8, 2015, were approved, as distributed.

Academic and Administrative Appointments (Action) (Item no. A–1)

Provost Cauce highlighted the appointment of Mark Pagano, Chancellor of UW Tacoma. Regent Rice moved, Regent Riojas seconded, and the Committee voted to approve, the academic and administrative appointments as presented. Regent Brown abstained.

Wellness and Life Skills Development at the University of Washington (Information only) (Item no. A–2)

Ellen Taylor, Assistant Vice President for Student Life and Director, Counseling Center and Alysha Greig, Senior, Department of Philosophy, Mary Gates Leadership Scholar, were joined by Jeri Carter, Dean of Student Success, Division of Student & Enrollment Services, UW Tacoma, and Rosemary Simmons, Director, UW Bothell Counseling Center, UW Bothell Student Affairs to talk about various wellness programs on the three UW campuses with a focus on the Mindfulness Project.

The Mindfulness Project is a student-run program that started on campus as a yoga club. It offers students tools to cope with stress, builds community, and offers leadership opportunities to students. Students are exploring ways to find additional resources to meet the demands for these services.

Research-Based Innovations in Teaching and Learning at the University of Washington (Information only) (Item no. A–3)

Lizabeth (Betsy) Wilson, Vice Provost for Digital Initiatives and Dean of University Libraries; Beth Kalikoff, Professor and Director, Center for Teaching and Learning; Colleen Craig, Lecturer, Department of Chemistry, College of Arts and Sciences; Katherine Snider, Doctoral Candidate, Department of French and Italian Studies, College of Arts and Sciences; and Kristi Straus, Lecturer, Program on the Environment, College of the Environment; described research-based innovations in teaching and learning.
Hearing no other business, Regent Jaech adjourned the Academic and Student Affairs Committee at 11:00 a.m.

*Approved at the meeting of the Committee on March 12, 2015.*