Report your Labor Day absence through Workday
Most UW employees need to sign into Workday and record that they will be taking the day off on an official UW holiday. See if this applies to you.

Redeem your discounts for backup child care
Be prepared when the center closes or coughs and fevers begin. Register today for flexible, discounted child care offered to UW faculty, staff and students on all of our campuses.

UW style is always in season
From t-shirts to tablecloths, the brand swag page has it all. Place an order through one of our approved campus licensees for your department or unit.

Join us for our Yoga Month Celebration with UW Recreation
Let's fill the HUB ballrooms and celebrate the end of Yoga Month on Sept. 28 with a medium pace yoga practice that will improve mental clarity and awareness.
NEWS AND RESOURCES

IT CONNECT

**Tumor-imaging microscope uses fast network, cloud platform for cancer diagnosis**
UW clinicians are studying the feasibility of real-time cancer diagnosis by uploading 3D tissue images to a public cloud platform using a UW-IT-designed high-speed network.

**Take a survey to help us improve the IT Connect website**
Take a quick eight-question survey to help improve the site, which features information technology resources, tools and services for students, faculty and staff.

**Use interactive diagram to understand how Workday stores and organizes employee info**
The interactive model in Knowledge Navigator, the UW’s metadata repository, explains how Workday stores and organizes employee information.

HUMAN RESOURCES

**Get back to the classroom this fall**
Whether you’re interested in developing quick thinking skills, learning the foundations of fiscal reporting or cultivating cultural competence, these classes cover a variety of topics.

THE WHOLE U

**Explore mindfulness meditation on Sept. 12**
Add practical and effective mindfulness techniques to your wellness toolkit that you can weave into your daily life.

**Will a fad diet affect your gut microbiome?**
Learn about fad diets and their nutritional impact with associate professor Will DePaolo, director of the Center for Microbiome Sciences and Therapeutics and Kristine Carlson, registered dietitian.

**Workshop helps caregivers and professionals work with children**
This interactive workshop provides adults who work with children and youth the keys to success for healthy relationships.

COMMUNITY

**Join the UW for an evening with Camerata Romeu on Sept. 25**
See a dynamic performance by this Cuban chamber orchestra in their only West Coast appearance. This 16-member group has been bringing audiences to their feet for more than 20 years. Their performance begins at 7:30 p.m. in Meany Hall for the Performing Arts.

UPCOMING EVENTS

<table>
<thead>
<tr>
<th>THURSDAY, SEPT. 7</th>
<th>THURSDAY, SEPT. 7-26</th>
<th>MONDAY, SEPT. 11</th>
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</thead>
<tbody>
<tr>
<td>Lecture by Anna Pavord: Landskipping — A Celebration of our</td>
<td>Mindful-Based Stress Reduction 8-week Course</td>
<td>Navigating Change in a Complex World</td>
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<thead>
<tr>
<th>Landscape</th>
<th>8:30 a.m.-4:30 p.m.</th>
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<tbody>
<tr>
<td>7-9 p.m.</td>
<td>Seattle campus</td>
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<tr>
<td>Meany Hall for the Performing Arts</td>
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**TUESDAY, SEPT. 12**

**Scams, Shams & Identity Theft**

- Noon-1 p.m.
- South Lake Union

**TUESDAY, SEPT. 12**

**School of Nursing Simulation Center Grand Opening**

- 2-4 p.m.
- Magnuson Health Sciences Center T-633

**THURSDAY, SEPT. 14**

**Innovation Summit Powered by AT&T**

- 11:30 a.m.-5:30 p.m.
- Hyatt Regency Bellevue