Enroll now in 2FA to access Workday in June
Secure your personal information with two-factor authentication (2FA) by enrolling today in Duo. You will need Duo to access Workday, which launches in June.

Boost your productivity with a POD webinar
Whether you’re feeling work overload or need to improve your Microsoft Office skills, POD offers a variety of short, low-cost live webinars designed to boost productivity and technical proficiency.

Help create a safer campus with emotional first aid training
This April 26 discussion focuses on the dynamics of interpersonal violence and the importance of staff and faculty involvement in creating a safer campus culture.

New high-speed fiber optic network around Lake Washington supports innovation
The UW collaborated with 27 municipalities to build a high-speed network that expands capacity for the
region, while directly supporting UW Bothell and the UW's Global Innovation Exchange in Bellevue.

NEWS AND RESOURCES

IT CONNECT

Report shows how to better connect with students and increase engagement
New research on the Husky Experience explores how to better inform and engage UW students in opportunities beyond the classroom, such as internships, study abroad, volunteering and more.

HUMAN RESOURCES

Ready to own a home? Get your free financial assessment
Get started on your journey to home-ownership with a free, one-on-one pre-qualification appointment with a representative from HomeStreet Bank.

THE WHOLE U

Wadiya Udell works to improve adolescent health
Wadiya Udell, associate professor and executive council member for the UW's Population Health Initiative, discusses why ensuring better health outcomes for juveniles in the justice system demands an interdisciplinary approach.

Laugh your way to feeling good
Laughter can help relieve stress, improve the immune system, and cultivate relationships. On World Laughter Day, come reap laughter's benefits by joining us in a fun session of laughter exercises.

Join the Harborview Earth Day Challenge: Skip the elevator and take the stairs
On any given day at HMC, there may be more than 10,000 elevator calls. In honor of Earth Day, let's reduce our energy use by taking the stairs instead.

COMMUNITY

Survey shows only 17 percent drive alone to UW's Seattle campus
The percentage of UW faculty, staff and students who drive alone to campus is the lowest it has been in more than 25 years, according to the newly published Campus Transportation Survey.

Celebrate Earth Day with the UW this Friday
Join students, faculty, staff and community members to celebrate sustainability efforts across all of our campuses on Friday, April 21 at Red Square from 11 a.m.-2 p.m. Stop by for exhibits, music, performances, speakers, sustainable food and more.

UPCOMING EVENTS

FRIDAY, APR. 21
Equity, Access, and Innovation — Open Textbooks at the UW

SATURDAY, APR. 22
Meeting Mindfulness & Self-Compassion — An introductory retreat

MONDAY, APR. 24
Writing Minutes and Meeting Notes

8:30 a.m.-12:30 p.m.
Seattle campus
<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>MONDAY, APR. 24</td>
<td>Teaching &amp; Learning Symposium</td>
<td>Odegaard 220</td>
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<tr>
<td>TUESDAY, APR. 25</td>
<td>SafeCampus Violence Prevention and Response Training</td>
<td>South Campus Center 316</td>
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<tr>
<td>THURSDAY, APR. 27</td>
<td>UW Accessible IT Capacity Building Institute</td>
<td>HUB, Room 145</td>
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