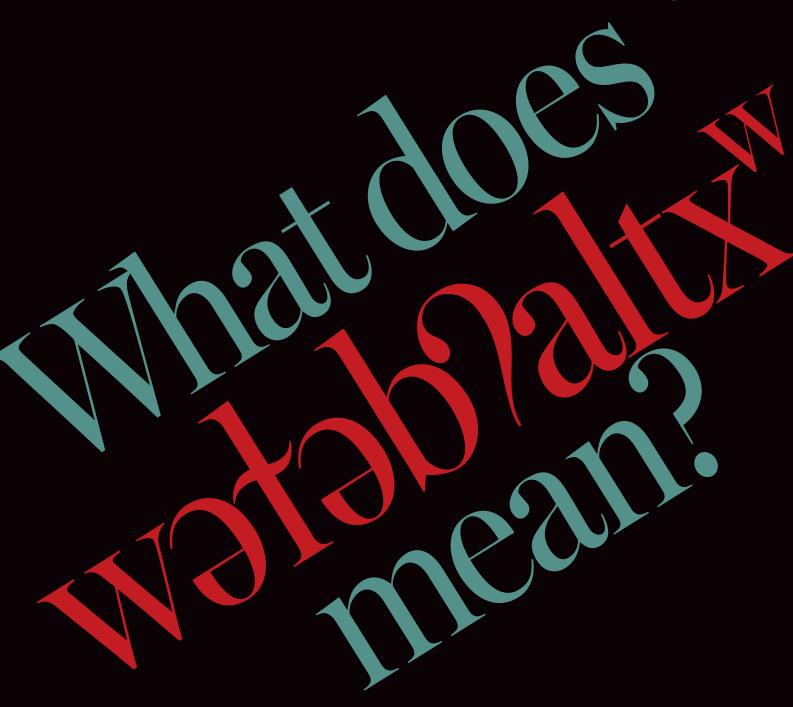
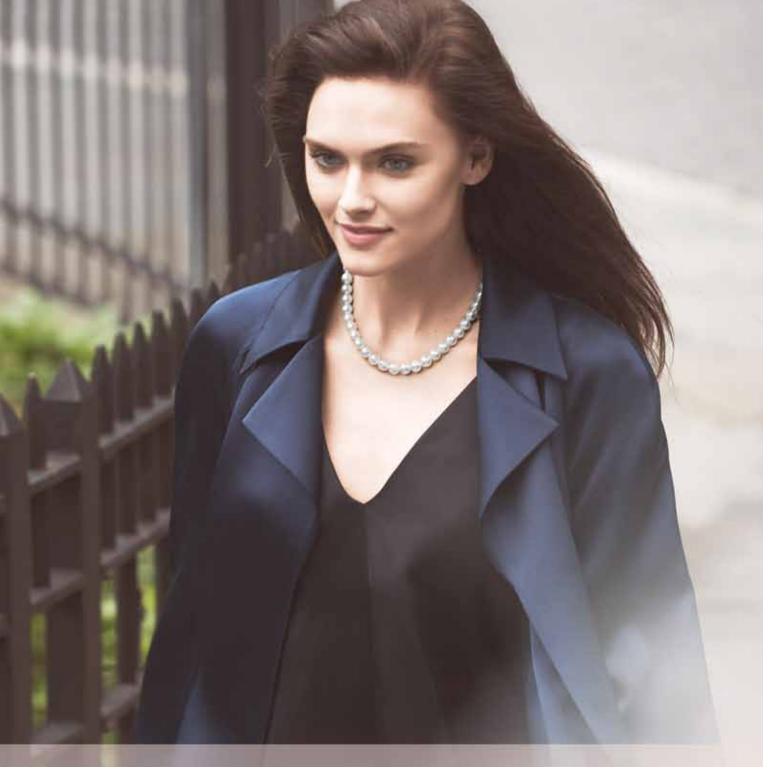
COLUMNS

THE UNIVERSITY OF WASHINGTON ALUMNI MAGAZINE JUNE 15







MIKIMOTO

THE ORIGINATOR OF CULTURED PEARLS. SINCE 1893.



We offer over 650 ways to help you achieve a balanced diet. (Cheers!)

Nobody should go thirsty just because they want to achieve a balanced diet. From **sparkling beverages and sports drinks** to **waters, juices and teas**, we're offering more ways than ever to satisfy your tastes and calorie preferences.

In fact, for nearly every beverage brand we sell, we've developed a low- or no-calorie alternative (over 180 in the U.S. alone). Using $Truvia^{TM}$, a **natural, no-calorie sweetener** derived from the stevia leaf, we've developed great-tasting zero-calorie products like **vitamin**water zeroTM.

For those who simply want to enjoy great Coke_® taste while managing their calorie intake, there's our **portion-control**, **90-calorie mini can**. If you're looking for calorie-free options, there are always Coke Zero[™] and Diet Coke_®.

To learn more about what we're doing and why we're doing it, join us at livepositively.com





HUSKY PICKS

FOR SUMMER

Be a Dawg Driver

Real Dawgs Wear Purple and their cars do, too! Purchase a Husky plate and \$28 goes to the UW General Scholarship Fund annually. Show your Husky pride and be a world of good.

uw.edu/huskyplates



Surfs Up!

Dawg paddle your way to fandom in comfy UW boardshorts. These fresh and functional boardies feature mesh lining, an elastic and tie waist, and a great price so you won't have to float a loan.

fanatics.com



Dawgfathers

Honor your dad with a classy gift this Father's Day. Enameled cuff links and a Washington watch are the perfect way to dignify your dad.

nordstrom.com





Purple, the New Black

Be fashionably purple in these sporty and sophisticated shorts or skirt performance pieces. Tail Activewear offers stylish fan inspired choices that are popular with women of all shapes, sizes and ages.

ubookstore.com/thehuskyshop



Color 'Em Purple

Elevate your game and flash your true colors this summer with ultimate purple and gold nail polish. It's the winning touch

whether you sport flip flops or open toe stilettos, or wave about ring bling or the bare look.

colorclub.com

Lap Dawg

Hit the pool with a tsunami of Husky spirit in a Washington swim cap and polarized goggles. Whether you're cannonballing or competing, you'll make a splash representing the home team.







Mulle



Purple Pedal Power

Hit the road this summer in comfortable, quick-drying and moisture transferring shorts and jersey. Designed by bike enthusiasts, this is the attention getting and performance enhancing choice for pleasure riding or road racing.

amazon.com

The Future's So Bright

Inspired by the new era of Washington football, these throwback wayfarer style sunglasses are a classic that look good on anyone. Available in a variety of color combinations and featuring 100% UV protection, spring loaded hinges, protective mirror coated lenses, a soft cloth bag and most importantly, the iconic "W" logo. society43.com



Sole Spirit

Chic Husky fan footwear for every occasion. Slip into striped wedges or stylish team flats to cheer for the Huskies or dine out with friends. They're the perfect accent with jeans and a button-down, a simple dress, or your Husky t-shirt and pompoms. lillybee.com

Real Dawys Wear Purple

huskylogos.com

EONS AGO, I SPENT MY YEARS AS A UW STUDENT IN THE

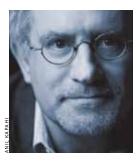
Art Building basement, inhaling stop bath and fixer as I finished a degree in photography. So I never took a Jon Bridgman class. But it seems like everyone else I know did. Or went to his alumni History Lecture Series. Or both. And loved every minute of them.

I know, because when the sad news of his death March 9 began to spread, everybody winced, and then started telling Jon Bridgman stories.

That's the mark of a great teacher. The best ones get under our skin, in a good way. They get us up in the morning when we would rather linger in bed after a late night because who would want to miss that infectious enthusiasm? Our favorite teachers make us think and grow and smile. And they push us.

Yes, I am biased. As the son of an elementary school teacher and a college professor, I grew up around teachers. I helped my mom schlep washed-out milk cartons to her classroom and I went with my dad to the pier in Southern California to collect seawater for his organic chemistry lab. I even put myself through school as a teacher's aide (5th grade).

Every time a school year grinds to a close, I think back to the teachers who helped steer me to where I am today, from Mr. Gonzalez, the



dressy 8th grade Spanish teacher (he wore a sport coat every day!) who leaned on us not only in class but also in an afterschool chess club, to Mrs. Combs, my high school journalism teacher, who always wrote on my papers to "watch the million-dollar words; just say it."

But perhaps the best lesson I ever learned occurred in the photography classroom in the UW Art Building. One day, the professor gave us this assignment: Go do any-

thing you want. I don't care what you do or how you do it. Just be ready to explain what you did and why.

As someone who tends to think very literally, I was stumped. Then, one day, while I was out wandering around with my camera, feeling adrift, taking photos of this and that, it hit me: something my dad told me over and over. College isn't about teaching subjects—the role of college is to teach you how to think. I never really knew what he meant until that very moment. Suddenly, the fog in my head cleared. That was the mark of a great teacher. While Jon Bridgman may be gone, we are so fortunate to have many teachers here who have done the same thing for us—and will do the same thing for our children.

en Marmoz

18 Norm Dicks

BY PAUL FONTANA

Norm Dicks' 36-year career in Congress is over, but he's still rolling up his sleeves to fight for the same causes.

Soulbound

BY KELLY HUFFMAN

Some alumni and friends who travel with UW Alumni Tours are moved to embark on a deeper adventure.

6 Your Favorite Teacher?

BY JULIE GARNER

Why do we enroll at the UW? To be taught by fabulous faculty, like the 12 who were named this year's Teachers of the Year.

$32\,$ Dream Come True

BY HANNELORE SUDERMANN

For four decades, the UW Native American community wanted a home of their own. The long wait is over.

\dashv On The Web \vdash

Extra Credit

Read longer versions of our interviews with the 2015 Teachers of the Year

Brain Stimulation

Learn about the investigational device the UW will be testing for the treatment of essential tremor, a nervous system disorder that affects an estimated 10 million Americans.

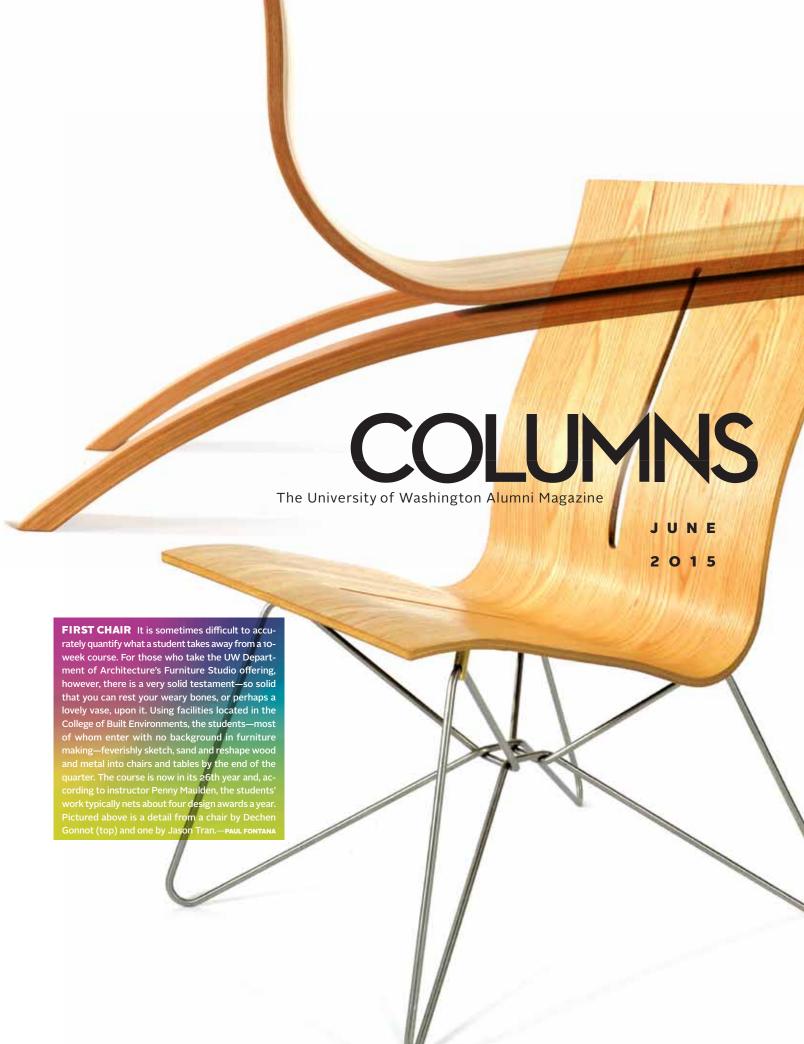
Share Your Memories

In this issue, we remember three men who made lasting impressions on countless others. Whether you were rapt in a lecture hall listening to Jon Bridgman, or infected with Norman Johnston's enthusiasm for the UW and its campus, or moved by Ivan Doig's accounts of the hardscrabble West, we would love to hear your recollections online.

[UWalum.com/columns]

$\scriptscriptstyle \dashv$ On The Cover $\scriptscriptstyle \vdash$

In broad terms, wəfəb?altx" (pronounced "wah-sheb-altuh") means the University has turned its energies to supporting and celebrating indigenous students and culture. It is the first half of the name given to the new longhouse-style facility on the UW's Seattle campus. The word comes from the Lushootseed language and translates to Intellectual House—the other half of the name. To learn more, see our feature story on page 32.





ONE READER'S TWO CENTS ABOUT BILL GERBERDING:

He was a first-rate intellect, $a\ true\ Enlight enment\ humanist$ an endangered species.



Understanding Dad

★ ★ Colby White's story *Finding My Father*, March is very similar to my own. My father was raised in poverty, partially by a single mom, partially by what we would now call foster parents. He worked on their farm for room and board and was beaten when he misbehaved. He joined the U.S. Navy twice; he was rejected once after they learned that he was only 14. An 8th-grade education, lifetime military, the deaths of two brothers at young ages, and living far away from family for most of his life led him to be stoic and have no ability to show or experience emotions. I'm left, as is Colby, with admiration for his self-discipline and ability to make it through very tough times. But I never knew him as a person.

Christine Owens Columns Online

★☑★ The story from John White's son is a somewhat tragic addendum [to the story told in The Boys in the Boat]. I wish he had known who his father really was while he was still alive. As the sister of an Olympic gold medalwinning rower (for Canada in 1956), I know firsthand what is involved in the achievement of a crew reaching the pinnacle. It has a lasting effect on all involved. It teaches us all lessons—and one is profound humility, which I think was John White's take. I am forever grateful for what my brother and his crew accomplished. It has meant a lot to me, too. While Colby White has missed much, he can nonetheless be proud.

Danica Olivo Columns Online

Split Decision

★☑★ I was appalled to find that the UW is promoting boxing in any form. The ultimate goal of boxing is a knockout—in my world, a head injury. The UW has taken a leading role in head-injury prevention for many years. Why you would promote a sport whose only goal is to inflict a head injury is beyond me.

Marie L. Lobo, '75, '82 Professor, University of New Mexico College of Nursing Albuquerque, N.M.

★⊠**★** Kudos for highlighting the great things that Husky Boxing and coach Christopher Mendez are doing for these studentathletes. We are constantly impressed with the lessons that are being taught, and the results

that are shown outside the ring even more than inside. These young men and women are exciting representatives of what sport, challenge and mentorship can teach us. The boxing part is only the classroom: the learning goes so far beyond. The Washington Athletic Club has hosted and partnered with Husky Boxing on "The Main Event," one of the nation's best collegiate boxing events each January, so our members have had the chance to interact with these student-athletes and see the incredible, positive impact that Husky Boxing has had on their lives.

Chuck Nelson, '82 President & CEO, Washington Athletic Club, Seattle

★☑★ It was a joy to see the feature article by Paul Fontana Ring Leaders, March. My father, Pliny Grant ("PG") Morrison, told me he was the intramural featherweight champion sometime back in the '20s. The article has it right: boxing is a lot more than what meets the eye. My dad taught me some skills, but carefully instructed me in their appropriate use. He loved to watch the lightweights because they were so fast and skillful. The kids in the neighborhood admired him and he always had a tip or two for them when we had friendly matches in the front yard. He went on to fight one professional fight, lost and never fought again. He pursued a career in electronics, and after retiring, even took a part-time job at the UW Applied Physics Lab. I know my father always valued his time at the UW. Now that I think of it, that may be the reason he decided to live nearby for most of his life.

Jim Morrison, '80 Hansville

The Other Strauss

★☑★ I can't tell you how much I enjoyed reading the Strauss House, March article that featured Dr. Alfred Strauss. When I was growing up in Colville, in the early 1950s, we, too, had a "Strauss House" on our street where our favorite Strauss family lived-that of Louis Strauss, who was a brother of Alfred Strauss. My late father knew of Louis and Alfred's father, who was living in Colville when my dad was in high school there around 1927. Some of the Strauss cousins were my dad's classmates. In 1972, I stopped in at Barmans Department Store, where Louis Strauss and I had a very nice visit, and he wanted to know where exactly I was stationed in Germany. I told him Schwaebisch Gmuend, and he replied, "Oh, that's not that far from my hometown of Hartheim." Small world. . . .

Dean G. Jamieson, '79 Shoreline

Enlightened Legacy

★ ★ The Gerberding Legacy, March was a wonderful appreciation of President Gerberding. Bill and I retired about the same time and forged a close friendship. He and Ruth came to France three times (I continued teaching in France after my retirement from the UW). Upon our return to New York City, they came out twice to visit. I am mourning while remembering our luminous times together. He was a first-rate intellect and a true Enlightenment humanist—an endangered species.

Constantine Christofides
Professor & Director Emeritus, UW School of Art

Gentle Janis

★ ★ Janis Avery's search "for solutions to suffering" is inspiring Fostering Hope, March. If we all do something to support the end of suffering, the world will be a much better place. For example, asking our representatives and senators not to cut the SNAP program (formerly called food stamps) will help fight hunger in America. Northwest Harvest says it can provide only one of every 24 bags of food needed by hungry families, though there are up to 700 food drives a year! With at least one in five children not sure about their next meal, taking the time for a call or email to lawmakers is critical.

Willie Dickerson, '73, '94 Snohomish

Babb's Boost

★ ★ Reading the obituary of Dr. Albert L. Babb [March], I remembered with appreciation the singular role he played in my career. I had enrolled in 1964 with the intent of using my undergraduate chemical engineering studies as a springboard to get into the nuclear engineering program, which was taught only at the graduate level. Alas, approaching the spring quarter of my senior

year, my grades were, charitably, marginal as I contemplated qualifying to get into the graduate program. Dr. Babb kindly told me that if I achieved a 3.7 GPA that spring, he would admit me into the graduate program. Trouble was, I had never achieved higher than a 3.1. His willingness to give me a chance to qualify gave me the incentive to work on my studies as I had never done before—and I achieved the required GPA. I was admitted into grad school, achieved the academic goals I had set for myself, and had a successful career in the field I had wanted since the age of 12. Many years later, I thanked Dr. Babb for the boost he had given me. And one last time, I would like to express my appreciation for his willingness to assist a struggling student. I am sure that his contributions to humanity were more than matched by his contributions to the careers of many students like me.

Fred Emerson, '68, '70

Cookie Love

★ ★ I smiled when I read about lecturer Stuart Reges You Have To Crack A Lot Of Eggs To Make 116 Dozen Cookies, March. Like Stuart, my wife Brenda has been mixing up her famous chocolate chip cookie recipe for her co-workers and customers at the busy Central Market in Poulsbo for several years. After reading about Stuart and his cookie offerings, we did a little math and estimate that Brenda turns out more than 8,000 cookies a year. People even come in on their day off and post-retirement to enjoy her treats. Thanks for the fun article!

Ron Hirschi, '74

What About Shipman?

★☑★ I was recently re-reading some of my old copies of Columns and came across an article in the September 2011 issue titled Denny's *Legacy*, which contains the following sentence: "... in 1961, [Brewster Denny] was called home by UW President Charles E. Odegaard, who asked him to create an academic program in public affairs." Upon reading that sentence, I wondered how it was that the UW awarded me and a number of others Masters of Public Administration (MPA) degrees in 1954. The fact is, a viable graduate program in public affairs existed at the university 12 to 14 years before 1961. It was called the Institute of Public Affairs, was a branch of the Political Science Department and was headed by Dr. George

Shipman. As a graduate of the UW's public affairs program, I am pleased at the way it has grown over the years under the leadership of Dr. Shipman, Dean Denny and the succeeding deans into one of the top schools of public affairs in the country. But to say it originated in 1962 is not correct and does not recognize those who received MPAs prior to 1962 or the work of Dr. Shipman.

David Nordquist, '54

Impossible is Nothing

★☑★ The article *Grade Upgrade, March* was very inspiring. If I could, I would donate money to upgrade the [Instructional Center's] physical plant. I was a student at UW in 1970 when the Instructional Center got off the ground.

Briana Simon, '73 Columns Online

I Am Art

★ ★ Professor Oliver Faculty Profile, March is just as he describes—art—and he brings out the best in his students. It was an honor to take one of his classes. I hope to see more articles like this one, featuring local faculty, staff members, or students who are incredible people.

Karen Brooks

Jim Dandy

★☑★ Thank you for your wonderful piece on Jim Long *Jim*, *March*. It was an honor and great pleasure to have Jim live at Norse Home. I still miss making his martini at Happy Hour. He was truly an amazing man.

Molly Holscher Activity Coordinator, Norse Home, Seattle

★ ★ Thanks for the column on Jim and Nancy Long. I sat right behind them at St. Dunstan's (Shoreline) Episcopal Church every Sunday. I knew he was a retired priest. At some point, when Jim had a birthday and a cake was provided, he stood and talked. For the first time, I recognized he was a person full of fascinating history and perspectives. When I said as much to him, he just raised an eyebrow and bemusedly said, "So you just glanced at us and thought we were old people!" I, of course, was also at the Dec. 9th service at the Cathedral. Such a robust thinker. Such breadth of being. How unique. I miss them, too.

Frederica (Rica) O'Connor Associate Professor Emerita, UW School of Nursing



Knit Wit Lacey crafter Edlamae Thompson Baird, '66, '96, kindly let us know we erred in our March piece *It's Cool to Crochet*. "Your picture supplier," she pointed out, "does not know crochet from knitting." Darn. Point taken. We deserve the needling.

Inspired, Entertained, Enraged? Good. Tell us about it in a letter or email. Email letter to—columns@uw.edu (Letters to *Columns* may be edited for length and clarity.)

Email letter to—columns@uw.edu (Letters to *Columns* may be edited for length and clarity.) Mail letter to—*Columns* Magazine, Campus Box 359508, Seattle, WA 98195-9508 Thanks for stirring the pot.

Leadership

Infinite Opportunities

I am honored to serve as the interim president of the University of Washington—an institution that has been the fabric of my professional and personal life for nearly three decades. We are at an incredible moment in time for the UW and the state we serve so well. Our University is thriving; its contributions to the region and our world have never been greater. We truly do have boundless momentum.

This is also a time of year when we pause for celebration. June is a time of excitement and hope for the future for our graduates, their loved ones,



and the entire university community. A college degree is a tremendous achievement and the UW's faculty and staff could not be more proud of our newest alumni.

Our grand goal, to be the greatest public university in the world, as measured by our impact on people, places and progress, is our guiding force. As a premier institution of higher education, one of our responsibilities is to ensure our students and graduates are prepared as globally engaged citizens. We strive daily to prepare our students and graduates to go out and change the world.

The goal is a lofty one but our collective belief in the power of possibility makes it attainable. Famine, disease, war, poverty and other social ills persist around the world and rightly deserve our continued efforts to eradicate them. Whether it's finding a cure for cancer or Ebola, working here at home to lift our communities and state, or developing new micro-businesses for developing nations, the UW is leading the way.

The UW Class of 2015—approximately 15,961 graduates—are receiving their diplomas in one or more of our degree programs from business

and management and the health professions to the arts, social sciences and engineering. But they are leaving with so much more. Whether conducting research in their field, studying abroad and/or serving in the community, our students have myriad experiences that will help them navigate and succeed in careers that will be reinvented time and again in our rapidly changing world.

The Faculty Senate had this in mind two years ago when it approved the undergraduate diversity requirement. Implemented last fall, the three-credit course for undergraduates was a student-led initiative to ensure that all students learn about diverse cultures and complex societies in this fast-moving age of global interaction.

Recent events remind us that, across the country, and even on our campuses, we have more work to do on issues of cultural and racial differences

In that spirit, students, campus leaders and I convened this spring at the newly dedicated Intellectual House to talk about how all of us must own both our personal responsibility for the culture of our campus and the institutional challenges we need to address to combat the racism in its many forms that persist here and throughout our society. I announced a wide-ranging initiative to minimize bias across campus, the Race and Equity Initiative (uw.edu/president/race-and-equity). The response has been overwhelmingly positive.

We value diversity and equity as core strengths and believe in the idea that all human beings are created equal and deserve equal opportunities to contribute to society. But history has shown that societal progress isn't a destination. We have to keep at it, sometimes faltering but then pushing ahead. Here in the Northwest, where our inclusive values are a point of pride, we are renewing our commitment to equity and diversity.

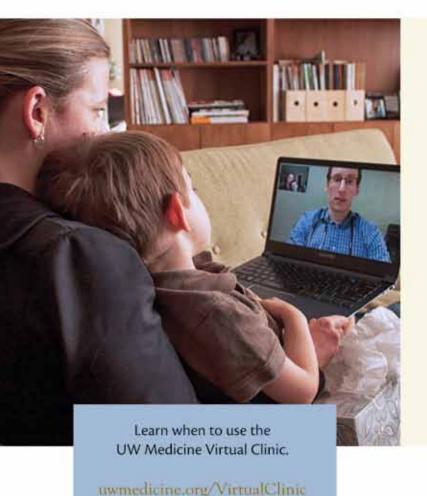
When the newest University of Washington alumni reflect on their time here—their friendships, memories, knowledge and ambition—I know they will be proud of their efforts and confident in their capabilities for whatever the future holds. Infinite opportunities are ahead for the UW, our students and graduates, and those we serve.

Together with the University's talented and committed leadership team, I will continue to move our vision forward, supporting our students, faculty and staff as we work to make the world better for all.

ANA MARI CAUCE, INTERIM PRESIDENT

Ana Mai Cauce

IT'S NICE TO KNOW THERE'S A DOCTOR IN THE HOUSE.



When it comes to your health — or the health of someone you love — peace of mind means a lot. That's why it's nice to know with the UW Medicine Virtual Clinic, you have 24/7 access to board-certified doctors and nurse practitioners.

- No appointment needed. Log in from your smartphone, tablet or computer.
- Receive answers fast. We treat most minor illnesses and even write prescriptions, all online.
- \$40 flat fee. If it's quickly determined that you need more than a virtual visit, you won't be charged.
- No insurance required.

With the UW Medicine Virtual Clinic, you can find a doctor in the house without leaving home.

UW Medicine VIRTUAL CLINIC



Character A Tale Uniquely UW

Mary Larson

Harborview nurse. Portrait painter. Barters her art to help the homeless.

I always thought I wanted to be a

commercial airline pilot. But then in my senior year, I got hit with a lacrosse ball. It's like a rubber pool ball. It came at my face from about 30 feet away and broke my nose. I was sent to Children's Orthopedic and stayed the night. The nurses were amazing. I went in wanting to be a pilot and came out wanting to be a nurse.

My high school teachers

would load us up and drive us to St. Martin de Porres, a shelter south of downtown near Safeco Field. We would serve sandwiches and then just visit.

I went to college in a small town

in Montana that had just one homeless shelter. The school didn't know much about it. It didn't have any nursing services. But when I got there to do my community health rotation, I felt a special spark.

In Washington, D.C. I volunteered

at the first medical respite center for homeless men and women in the U.S. It's for people who aren't quite sick enough to be in a hospital, but too sick to be on the street.

I've been at the Pioneer Square

clinic for nearly 20 years: We provide primary care and other services to people in the downtown corridor, and some of the most vulnerable people downtown. We see everything including broken bones and assault injuries as well as high blood pressure, diabetes and heart disease. And all that is often coupled with issues from being outside all the time.

I remember the day I started

painting very clearly. It was raining. I was in Fremont where there was an art store. I went inside and got some bright acrylic paints. I painted from photographs I had taken of homeless patients. I think people's faces tell stories. They were happy to let me take their pictures.

We hung the paintings in the clinic.

Patients would say to me, "You know those paintings out there? I can tell they're homeless." I'd ask "How do you know?" and they would say, "I was home-

less once and I can tell." I think they really connected with them. Some would say, "I want to be in one."

It didn't feel right to be

selling the paintings for money. We had just run out of socks at the clinic-some of our patients wear the same socks for three monthsso I marked a painting for 750 pairs of socks. Then I thought we could get some stocking caps, too. And maybe some new gloves. Within a week all the paintings were sold, and for more than the asking price.

I paint at home in a room above

the garage and my son brings his Legos and keeps me company. The backgrounds of the portraits help me remember each person's story. There's one man who rides his bike to the clinic, and I used copy from a sign for a bike shop as a background. Another is from Baltimore, so I used an old sign for the Orioles. Sometimes I just use items I find around the clinic like a can of beans I found under a chair in the lobby.

To date, Larson has raised more than 30,000 pairs of socks, nearly 14,000 pairs of gloves and 12,500 cans of food.

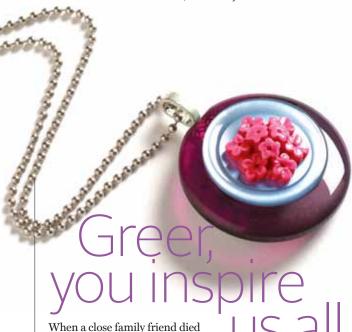
as told to HANNELORE SUDERMANN photo by RON WURZER

Official coffee of locally roasting the best kahawa, kopi and café in the world.

Starbucks is proud to roast the finest beans right here in Kent, WA.

From Here For Here Starbucks.com/Seattle





of ovarian cancer in 2010, Greer

Gates was devastated. So she

decided to do something about it. Over the past five years, she has raised and donated more than \$100,000 to UW Medicine to help eradicate the disease. Oh, yeah, Gates is 17. The Poulsbo resident, who began making jewelry out of buttons when she was 7, has enjoyed huge success selling her wares through her company, My Jewels of Hope. The high school senior has donated the proceeds of her jewelry sales to Dr. Elizabeth Swisher, UW professor of obstetrics and gynecology. Gates maintains an Etsy site and sells her work at trunk shows at UW Medical Center twice a year. She estimates that she and her team have used more than 500,000 buttons to create necklaces, bracelets and ornaments. Each bauble comes with a sea turtle charm or stamp because the family friend who inspired her admired them and because they overcome many obstacles to live long lives, Gates said. Nancy would be so proud to know what her young friend has done in her honor.

"HE CREATED A CLAM STAMP THAT POSTAL INSPECTORS DIDN'T THINK SO HUMOROUS."



Ah yes, the clam stamp. Just one of the many stunts pulled by former UW student Ivar Haglund, the Seattle restauranteur whose 110th birthday was celebrated in March. Ivar not only filled bellies with chowder and fish 'n chips but entertained us with octopus wrestling and clam-eating contests. Yum!

25 Years. Already.

Twenty-five years ago, higher education in the state of Washington changed when the UW opened campuses in Bothell and Tacoma. Their job: expand access to a UW education. And wow, have they been successful—particularly in meeting the needs of diverse and first-generation students. Check it out.

- ► Situated on a hill overlooking I-405 with a direct exit off SR522, UW Bothell shares its campus with Cascadia College.
- ▶ UW Bothell's 58-acre wetland is regarded as one of the most successful restoration projects in the Pacific Northwest.
- ► While you're there, take the 2.7-mile town-gown loop through downtown and campus to enjoy some fun history along the way.



UW BOTHELL

ENROLLMENT: 4,963 ALUMNI: 15,000

- ► Half of today's student body is comprised of people of color. Ninety percent of the students hail from Washington.
- ▶ UW Bothell is now the fastest growing public university campus in the state. It has added 33 new degrees in the past 5 years.

- ► Set in the historic Union Station District, UW Tacoma owes its charm to century-old. industrial. brick buildings.
- ▶ UW Tacoma's Pinkerton Building, which was constructed in 1889, is the oldest building on any UW campus.
- ► While you're there, hit the University Y Student Center, a partnership between the UW Tacoma and the YMCA of Pierce & Kitsap Counties.



UW TACOMA

ENROLLMENT: 4,501 ALUMNI: 17,000

- ▶ More than 80 percent of students transfer from one of the many community colleges in the area or from other universities.
- ► UW Tacoma is designated a "vetfriendly" campus by the Washington State Department of Veterans Affairs.

PEACE CORE



When it comes to keeping the peace, er, keeping the Peace Corps flush with volunteers, the UW can't be beat. For the second time in three years—and six of the past eight—UW is ranked No. 1 when it comes to universities sending volunteers to serve in the Peace Corps. The 72 Huskies currently in service are part of a deep legacy: since the Peace Corps was established in 1961, 2,888 alumni signed up, which ranks third among all institutions. PEAGE OUT.





Whew, that was close.

For a while it looked like the revival of the TV cult classic Twin Peaks (starring our very own Kyle Mac-Lachlan, '82, as pie-eating, coffeeswilling FBI Agent Dale Cooper) was deader than Laura Palmer. Cocreator, writer, director and visionary David Lynch announced that he was pulling out of the Showtime project for the usual suspect: not enough dough. But an avalanche of support from fans of the Log Lady and the rest of the, um, unique cast seems to have turned the tide. Lynch is back in, and Showtime authorized him to make more than the original nine episodes. That means more creepy stories and more coffee for Kyle.

Eureka!
SHADES OF WILLY
WONKA ... THIS YEAR'S
INCOMING FRESHMEN
RECEIVED A GOLDEN
TICKET TO THE UW.
THE SPLASHY ADMISSION PACKET LETS
ANXIOUS APPLICANTS
KNOW IMMEDIATELY
THAT THEIR DREAM
CAMF TRUE



THE SURGEON, THE SPY, AND THE MISSING PLUTONIUM

(AND THE HARROWING RACE TO THE MOUNTAINTOP)

As an undergraduate at Yale, Robert Schaller ran track and nearly broke the 4-minute mile. After medical school at Harvard, he came to the UW School of Medicine for his residency. As a pediatric surgeon at Seattle Children's, he pioneered techniques that saved thousands of young lives. And his love of ascending the Pacific Northwest's highest peaks turned Schaller, '65, '69, into a consummate climber. No wonder the Central Intelligence Agency looked him up.

In 1964, the CIA spied a mushroom cloud blooming over a remote missile-testing site in China. So, the agency decided to assemble a stealth team of climbers to ascend Nanda Devi, a 25,643-foot peak in the Himalayas. Their mission: install a surveillance package containing a 40-lb. generator with enough plutonium to power equipment to intercept and transmmit radio signals for a thousand years. The CIA needed a team physician who could scale the peak and who had some knowledge of electronics. Voila, the surgeon became a spy. And not even his family knew.

A blizzard halted the team's first attempt

mid-stream. They secured the equipment to a rock outcropping and decided to try again the following year. But when they returned, the surveillance package—and the plutonium—were gone, victims of an avalanche that had sliced the rock outcropping from the mountainside. The surveillance package and the plutonium were never found.

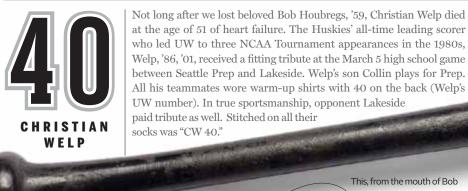
The CIA confiscated (and never returned) Schaller's documentation of the event. Later, the CIA presented him with the prestigious Intelligence Medal of Merit but Schaller was not allowed to keep it (which was routine because the CIA did not want its spies' identities made public). Schaller later went back for a solo ascent to the top of Nanda Devi (one of the highest solo ascents of any mountain ever made) during an attempt to find the plutonium, but the CIA kept secret his personal records and photographs from that extraordinary mission-which deprived Schaller of being recognized as the first solo climber to summit Nanda Devi. Schaller died Dec. 7 at the age of 80. He will be remembered for always reaching higher.

COMING ATTRACTION

Boffo news about the movie version of *The Boys in the Boat*, thanks to "The Tracking Board", a blog that keeps tabs on "Hollywood's Insider Information." Turns out that Kenneth Branagh, who was said to be first in line to direct the film, has dropped out and been replaced by Peter Berg for The Weinstein Company's adaptation of Daniel James Brown's pageturner about the 1936 UW men's crew that won Olympic glory in the Berlin Games. Berg helmed the feature *Friday Night Lights*, which he turned into a big hit for NBC. In addition to a change in directors, there was a change in writers, too. Jon Hartmere worked on the script last year even though Chris Weitz was originally signed to pen the screen adaptation. No word yet on who will star as our hardscrabble boys in purple and gold. Shooting was said to begin this year. Even though we already know how the story ends, we can't wait to see the show.

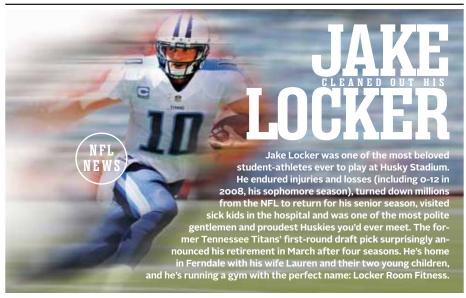


Sports



"Scammers, cheaters, stealers you name it." Ferguson, '89, Washington Attorney General, who filed a lawsuit against a New York ticket broker that sold 60 Super Bowl tickets worth \$149,000 to Evergreen State residents who had traveled to Arizona to see their beloved Seahawks—but never delivered the tickets.

Yeah. Go get 'em, Bob.



PAN CAN



Local golf fans are having a hard time containing themselves because the U.S. Open will be played at Chambers Bay south of Tacoma later this month—and because Cheng-Tsung Pan, '15, the winningest golfer in UW men's history, could be in the field. Pan, a favorite to win this year's NCAA individual title, shot a 67 in his first U.S. Open qualifying match in May, no surprise given that he won seven matches

during his NCAA career. Pan is a master at get-

TOURNAMENT WINS, A HUSKY RECORD

ting out of the rough, having arrived in the U.S. eight years ago at the age of 15 not speaking a lick of English. But that never stopped him; at 15, he was the youngest quarterfinalist in the U.S. Amateur since Bobby Jones (in 1916). And ever since, he's been one of the top amateur golfers on the planet. To wit, he's a contender for the Ben Hogan Award as the nation's top amateur—a title two other Huskies (Nick Taylor and Chris Williams) already bagged.

GIVE ME FIVE



Dan Kingma
5-10, 155-LB. POINT GUARD, MEN'S BASKETBALL

1

YOU WALKED ON—WERE YOU TREATED ANY DIFFERENT?

No. Coach Romar told me he would not treat me different than anyone else. My teammates and coaches welcomed me from day one.

2

HOW DID YOUR TWO HUSKY SISTERS HELP YOU TRANSITION INTO COLLEGE?

Having Kristi, who already finished her playing career, was great because I could ask her about what it would be like. And having my twin sister Kelli, who is on the team, is awe-some because I have my best friend nearby.

3

HOW DID IT FEEL THE FIRST TIME YOU STEPPED ON TO THE COURT?

Everything went so fast that I didn't think about it too much while I was playing. After the game, it hit me that I had just played a real game in a Husky uniform, something I dreamed of all my life. I remember my first basket pretty well. It was a layup against Grambling State in a game that we won by about 50 points. It was a big relief to finally get my first basket. And another thing that was cool was to see how excited my teammates were to see me score for the first time.



AS A WALK-ON, DO YOU THINK FANS RELATE TO YOU A LITTLE MORE?

I think its just more of an underdog type of thing. If you watch games from all around the country, you would see that most walkons are kind of fan favorites.

5

GOT ANY PLANS FOR THE OFFSEASON?

One of my main goals is to get my body stronger. At this level the players are all so physically gifted that I need to do my best to try to narrow the gap between me and my potential opponents, while also continuing to improve the skill aspects of my game.





Blowers' black bomber photo by Ron Wurzer.

Displayed courtesy of Dr. Ray Cardwell, prominent Husky collecto

Hoops stars Jazmine Davis and Animah Williams ended their careers in 2015 as members of Husky women's basketball royalty. Davis, a fearless 5-7 senior guard from San Jose with a black belt in Karate, ended her career as the UW's all-time leading scorer with 2,277 points. Meanwhile Aminah, a 6-foot senior forward from Seattle's Kennedy High School, finished as the Huskies' all-time leading rebounder with 1,142 rebounds. She also played in more games (132) than any other Husky woman. She came to UW with great genes; her dad, Guy, was an All-American at WSU, and played in the NBA.

Wings Walfles

He played in Husky Stadium and Alaska Airlines Arena, wowing us with his are-you-kiddingme athleticism and runaway mouth. Now NBA veteran Nate Robinson is doing it againwith Nate's Wings and Waffles, a family restaurant in Rainier Beach not far from where the 5-9 guard grew up. Nate's entire family is involved. And it just might be the first eatery in the Evergreen State to focus on chicken and waffles. How cool is that. Says a writer on the sports website Grantland.com: "We had to investigate Nate's first foray into the restaurant business. In short: It's really good!" We'd expect nothing less from an overactive, undersized threetime NBA Slam Dunk champion.



A major-league record three grand slams! A teamrecord 33 RBI! That's what former Husky-turned-Seattle-Mariner Mike Blowers pulled off 20 years ago in August 1995 to help send the M's to their first playoff berth and keep the franchise from moving to Florida. Blowers, who turned 50 (!) in April, was the M's starting third baseman back then. He can hardly believe it's been two decades since that stunning summer. "Some days it feels like forever ago," he said during a chat at Safeco Field, where he makes his living as one of the team's TV commentators. In the past 20 years, so much has happened—Blowers retired in 1999 after 11 years in the majors; he and his wife had four kids; and he's been doing either radio or TV with the Mariners. Do today's Mariners know he's a local hero? "Well, they know I played, and they're aware of the 1995 and 2001 seasons," he said, "but, no, not really."



714 By #16 MIKE BLOWERS

The swimming pool in Hec Ed wasn't just for Speedo speedsters like Olympians Rick and Lynn Colella. For decades, water ballet flourished in the pool, thanks to the UW's own Silverfish Synchronized Swimming Team. And not only was Cora Mae Kintz McMurry very active with the Silverfish, but she went on to be one of the people responsible for making synchronized swimming an Olympic sport. Besides her

time at the UW, she founded the synchronized swimming team at Seattle's Washington Athletic Club and traveled the globe as a synchronized swimming coach and evangelist for the sport. Mc-Murry, '60, whose day job was teaching home economics for 30 years with the Edmonds School District, even coached a few national champions along the way. She later relocated to Alabama, where she was a member of the local Newcomer's Club for many years. Cora died Feb. 28 at the age of 77. Her spirit lives on through every pointy-toed ascending spin and dolphin arch.







Former Husky quarterback Damon Huard, '95, has a new job title: vintner. Huard joined former Miami Dolphins teammate Dan Marino to open Pass

ing Time, a Woodinville-based winery that sources grapes from Huard's native Eastern Washington. "We've been working on this for about 15 years," says Huard. Their specialty: a big, bold Cabernet Sauvignon. Which figures, coming from two guys who stand 6-4.

Still Fast on His Feet

Three torn ACLs since 2010. Six scars on his knee. Three football seasons down the drain. After all that, Husky running back Deontae Cooper ran a blazing 4.49 40-yard dash at the Husky Combine in March. That matches the time he ran in 2010 when he first arrived. Cooper, who was granted two additional seasons of eligibility, is now working on his

master's in intercollegiate athletic leadership. He'll be suited up when the Huskies open the season Sept. 4 at Boise State. If he never sees the inside of another hospital, it won't be soon enough. ALUMNUS SUMMA LAUDE DIGNATUS

* * * * *

YOU MUST BEJOKING.

His 36-year career as a Democratic Congressman for Washington's 6th District may have ended in 2012, but he's still on the case protecting wildlife and fighting to bolster the economy in his native region. Most days Norm Dicks assumes the role of Senior Policy Advisor for the law firm Van Ness Feldman, shuttling between their offices in Seattle and Washington, D.C., where he and his wife Suzie still maintain a residence. He serves on numerous environmental and policy boards on both coasts, and his insight is informally sought by countless others. He cherishes the rare downtime spent with family at his home on Hood Canal, but even that isn't sedentary. A knee replacement surgery may have put an end to a once-avid tennis habit, but Dicks has happily filled the void by taking up golfing with his chilschedule can be overwhelming, but he is compelled

BY PAUL FONTANA
PHOTO BY RICK DAHMS

to share his passions and concerns. "I spent a whole career saying yes to people," Dicks says during a chat in his Seattle office. "I learned that from Senator Warren Magnuson, '29, (for whom he worked for eight years), who always wanted to find a way to help constituents. [Sen. Henry "Scoop"] Jackson was the same way—and those two won a lot of elections. It's a winning formula!"

Dicks' "roll-up-your-sleeves" ethos is legendary. The 74-year-old Bremerton native is repeatedly referred to as "dogged" and "tenacious." As John "Jack" Lein, '55, former associate dean of the UW School of Medicine, reports, "Once you convince Norm to do something, you can't stop him." Mike Egan, '90, director of government affairs at Microsoft and a former Dicks aide, echoes that instead of dithering or delegating, Dicks would commonly get on the phone and start tackling an issue midmeeting. He is celebrated for elevating issues above the politics, something Lein, as an early administrator for the groundbreaking regional medical education program that came to be known as WWAMI, saw firsthand; Dicks was a key player in the bipartisan coalition that helped secure the funding that set the program's foundation in the late 1960s.

In recognition of his enthusiasm for service—and the profound impact his work has had on the Pacific Northwest-Dicks, '63,'68, has been awarded the 2015 Alumnus Summa Laude Dignatus, the highest award bestowed upon an alumnus by the University of Washington. As the walls of his office can attest, it is just the latest in a series of distinctions from his alma mater; he was previously given Distinguished Alumni Awards from both the School of Law and the Department of Political Science, and was a recipient of a Timeless Award given by the UW College of Arts and Sciences during the University's 150th anniversary in 2012.

The UW is hardly alone in celebrating Congressman Dicks. Shortly after he concluded his tenure in Congress, the Department of Defense awarded him the Distinguished Public Service Medal for his work onbehalf of military members and their families. And his eight years of duty on the House Intelligence Committee have earned him the coveted CIA Director's Medal.

The accolades are the exclamation point on a career in politics that was unusually influential, so much so that he was often referred to as "Washington's Third Senator." Former Washington Gov. Christine Gregoire, '71, elaborates: "He did a great job representing his own district, but when people in other parts of the state needed help, he was always the go-to guy with the clout and experience to help." As a longtime member of the House Appropriations Committee, Dicks wielded real power in funding projects in the areas closest to his heart: the environment and defense. When asked to identify a couple of his proudest accomplishments, Dicks is quick to answer. First, he cites the removal of two dams on the Elwha River, which offers a perfect microcosm of his political versatility: the lengthy process required significant funding (\$335 million), close collaboration with the Native American community, and a strong advocacy of the environmental science that precipitated the project. Though the removal has only been complete since last summer, Dicks is proud to report that salmon are already returning to areas they have not seen for a century. It's an early indication of success for a landmark test case that Dicks hopes to see replicated worldwide.

Dicks also continues to delight in the \$35 billion contract Boeing finalized with the Air Force in 2011 to build fuel tankers. The decade-long battle saw Boeing initially win the contract, then lose it to Airbus amid a corporate scandal, only to eventually secure the deal after the process was reopened following complaints raised by Boeing over the procurement procedure. Dicks' unwavering advocacy was crucial to the process—and crucial to the region. The result: Boeing's Everett plant is slated to build 179 767-based fuel tankers, creating an estimated 11,000 jobs.

Dicks also takes great pride in the fact that the two largest towns in his

district—Tacoma and Bremerton—have been revitalized. Federal funds he secured helped link downtown Tacoma to I-5, created public housing, and paid for renewals of Union Station and other landmarks. He was also a vocal cheerleader for what is, in his estimation, the key piece to Tacoma's revitalization: UW Tacoma. In his hometown of Bremerton, the rebirth has taken longer, but the addition of the Puget Sound Naval Museum, Harborside Fountain Park and the \$25 million Norm Dicks Government Center have made its waterfront a destination again.

As proud as he is of his time in Congress, Dicks is completely at peace with his decision to step away. "I was so ready to give the ball to [successor Derek Kilmer," he says. Dicks is quick to acknowledge that Congress operates less smoothly, and that the nation is far more divided, than at the start of his career. "It's unbelievably different," he reports.

Part of that difference is a product of greater political balance. When Dicks first went to D.C. to work for Sen. Magnuson, there were 67 Democrats in the Senate and "we passed important bills all of the time." But the real reason for governmental gridlock today, he feels, is the fissure within the Republican Party between its moderates and the Tea Party. He warns that some of the most conservative House members are "very, very extreme," particularly in their denial of science-and points out that the more mainstream Republicans are having to spend too much of their time "looking over their shoulders" and fundraising, rather than focusing on solving problems. In contrast, Dicks attributes some of his success to the fact that he never had to spend a significant amount of time, or money, on re-elections—a freedom that afforded "great opportunity for public service."

Despite some of these frustrations about the current political state, Dicks is hardly disengaged. He regularly speaks to Congressman Kilmer, who was recently given a seat on the Appropriations Committee, and takes the role of mentor very seriously, expressing eternal gratitude for the pols who took him under their wings for more than 40 years ago. Dicks has compliments for several of the lawmakers, both Democrats and Republicans, serving our state in D.C. and views them as agents of the brand of bipartisanship he championed.

Relaxation remains a rare luxury for

★ Chairs the Outreach and

CAREER HIGHLIGHTS

- ★ Played linebacker for the Huskies, including the 1961
- **★** Cut his political teeth
- ★ Graduated from UW with a
- ★ Worked as legislative aide and administrative assistant for Sen. Warren Magnuson,'29,
- **★** Won 18 consecutive terms as Congressman for Washing-ton's 6th District
- **★** Served as Chair of the
- ★ Gave the UW Seattle com-
- boards of the Washington Wildlife and Recreation Coalition and Defenders of Wildlife
- Advocacy Committee of the UW Medicine Board

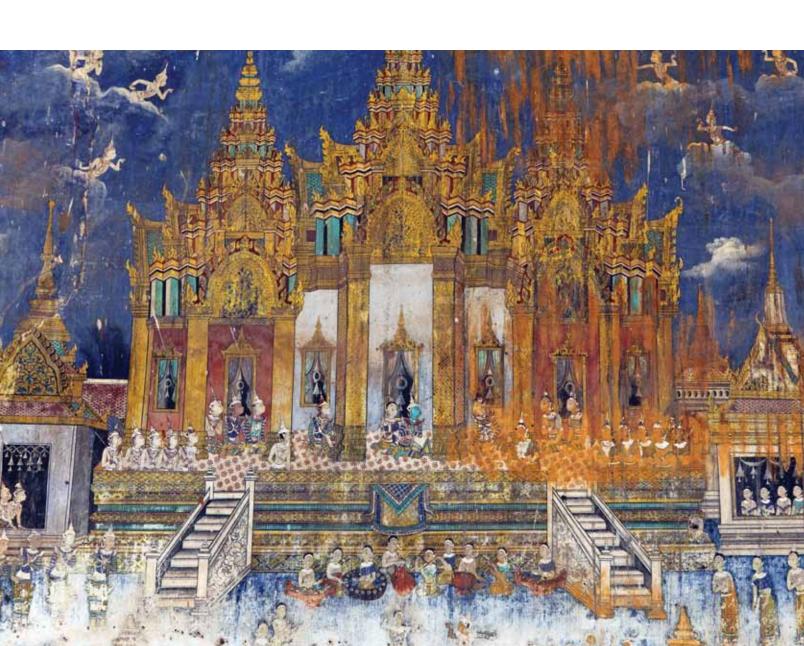
Dicks, who continues to be committed to the same issues as when he was in Congress. That shows he "wasn't a politician in the negative sense of the word," explains Gregoire. "He only advocated for things he really believes in." With a roster of clients that includes Boeing, General Dynamics and the Puyallup Tribe, he continues to leverage the relationships he built throughout his years in the trenches and provide counsel on the issues dear to him. In an understatement that has proven beneficial to many, he concludes with a smile, "I always like to be busy."

■—Paul Fontana is Associate Editor of Columns.

Soulbound

UWAlumni Tours takes travelers to destinations all over the world. But it's the journeys inward that reveal the heart of the traveler.

BY KELLY HUFFMAN



CAMBODIA

RELUCTANT TOURIST BECOMES GRATEFUL TEACHER

harlie Blackman didn't want to go to Cambodia. Full of misgivings about the country's troubled history, he balked when his wife Kathy suggested they tack a short visit on to their 2011 trip to Vietnam with UW Alumni Tours. Swayed by her zeal to see Angkor Wat ("How can you not go see one of the Seven Wonders of the World when you're so close?"), he finally agreed.

Four years later, and the 1979 UW School of Law graduate is hooked. Now retired from his practice, he visits Cambodia annually, spending several weeks each time as a volunteer teaching English. His students run the gamut: teenage residents of a Phnom Penh orphanage, rambunctious youngsters in a rural village school, and garment workers determined to build better lives for themselves.

What keeps him coming back? "There's something about the people," he says. "They value kindness and compassion. There's a graciousness about them, a kindness that's just exceptional." That impression, formed after just four days with the UW trip, was "reinforced a hundredfold" after spending more time in the country.

Less than a year after his visit to Angkor Wat, Blackman found himself in Phnom Penh working in an orphanage alongside a Cambodian teacher. In a nearby classroom his grown son, Michael, was assisting in another English class. The orphanage con-

LEFT: Detail from a mural in the Royal Palace in Phnom Penh. The palace, which was built in 1866, is a popular tourist attraction for its architecture and art. It boasts the biggest mural frescoes in South East Asia.

nection came about through Blackman's tour guide, Chandararith "Rith" Ek, whom the family now counts as a friend. "I have the UW Alumni Association to thank for a wonderful trip teaching English with my son," says Blackman.

The next year, he returned on his own to the orphanage, where students cheered the reappearance of "Teacher Charlie." He also traveled to a nearby village where subsistence farmers work the land behind Brahma cows. His mission: Assist with afternoon English classes in a new two-room school. In Cambodia, he discovered, English proficiency is "a ticket up and out." As a native speaker, he was a star attraction. His students were consistent, eager and very vocal—even after full days of public school and field work.

Back in Phnom Penh, he also helped out in a class for garment workers. Earning less than \$100 a month working long hours in tough conditions, the students (mostly young adults) were nonetheless excited and energized for class each evening. "That kind of enthusiasm despite the hardships of their lives—I'm almost in awe," says Blackman. "If I can help these people, I'll help them."

His students' fervor and open-heartedness has also rubbed off in an unexpected way: He no longer mocks "kitschy" or sentimental figures like cute kittens, dewy flowers or winsome Santas. (He often travels to Cambodia in December.) What holds him back? He knows how much his students love those images, even if they don't celebrate the associated holidays. "My experience in Cambodia makes me less cynical," says Blackman. "It makes me more grateful for the life I have."

Blackman's students run the gamut from teenage residents of a Phnom Penh orphanage to garment workers building better lives for themselves.

CAMBODIA

CAPITAL Phnom Penh
POPULATION 15.5 mil
MEDIAN AGE 24.1 yrs
LIFE EXPECTANCY 63.8 yrs
GDP \$50.2 bil
CURRENCY Riel
LANGUAGE Khmer

NATURAL RESOURCES oil, gas timber

oil, gas timber gemstones iron ore manganese phosphates arable land

- slightly smaller than Oklahoma
- a constitutional monarchy
- was a French colony until 1953
- 1.5 mil people in Phnom Penh / 1.3 mil. mopeds
- traditional way to say hello is to press one another's palms together

— UW —— Alumni Tours

Established 1975

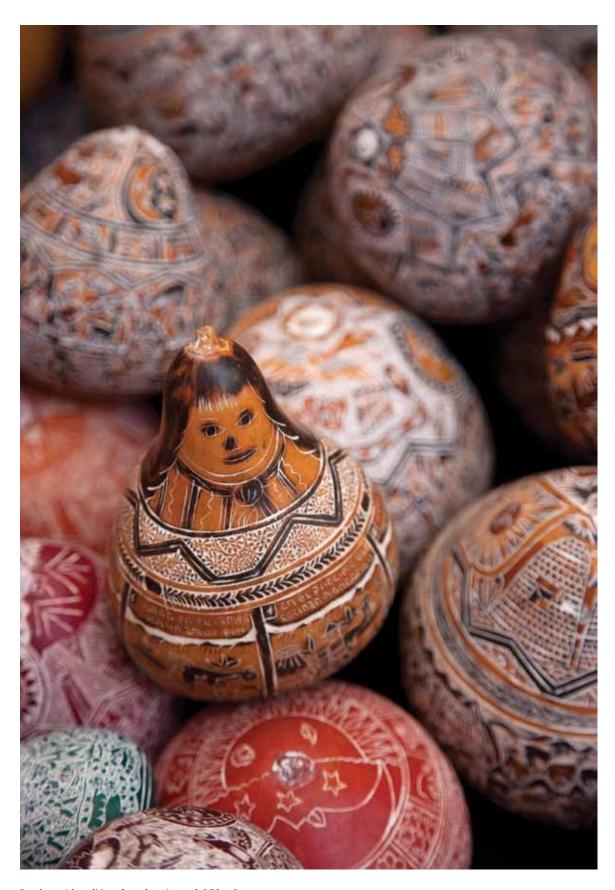
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Peru has a rich tradition of gourd carving, and children learn the skill at a very young age. Carved and painted gourds become rattles, baskets, bowls and toys like those pictured here.

PERU

ADVENTURE FORGES WORLDWIDE TIES

n her 25 years as a flight attendant, Tina Mc-Collum had traveled the world. But she had never visited Peru until her husband, Rodger, '78, gave her a birthday surprise in 2009: a spot on UW Alumni Tours' 10-day exploration of the country. Her bucket-list trip has since opened the doors to a steady flow of visitors between Peru and her hometown of Snoqualmie, Washington.

Passionate about creating global citizens, McCollum had already established a sister city relationship between Snoqualmie and Gangjin, Korea. On the UW Peru tour, she became fast friends with guide Ernesto Riedner, who had visited the U.S. as an exchange student some 35 years ago. United in their enthusiasm for making the world a little smaller, McCollum and Riedner kept in touch.

One day in 2011, Riedner floated the idea in an email: Why not create a sister city relationship between Snoqualmie and a counterpart in Peru? Getting the nod from McCollum, he began searching for suitable candidates, canvassing the greater Lima area for a city roughly the same size as Snoqualmie (pop. 40,000), and with a similarly rural vibe. He hit the jackpot with Chaclacayo, a charming, sunny city and favorite weekend getaway for nearby urban residents.

Just six weeks after the cities' friendship had officially begun, two Peruvian students were on their way to Snoqualmie. Since then, roughly 30 Chaclacayo residents, mostly teens, have made the trek. The biggest culture shock that awaits? "It's the lack of public transportation," says Jenny Foster, the AP Spanish teacher at Mount Si High School and a surrogate mother to the exchange students. Accustomed to taking buses or walking wherever they need to go, the Peruvian teens are shocked to learn they can't just stroll to the mall.

The Snoqualmie Valley's lush vegetation and abundant rainfall also provoke dramatic reactions from the visitors. The mountains surrounding Chaclacayo are a veritable lunarscape where no vegetation grows, and most of the Peruvians from that region have never experienced snow, let alone rain like in the Pacific Northwest. When Ernesto's daughter first arrived in Snoqualmie, "She stood out in the rain and just let it pour over her," remembers McCollum. About 35 Snoqualmie residents have so far made the reverse trip to Chaclacayo. On each journey, McCollum and Foster watch proudly as local teens grow into young global citizens, navigating an unfamiliar culture and grappling with a second language. "A trip to Peru is a real eye-opener," says Foster. "Visiting orphanages and rural schools really expands their world from the Snoqualmie Valley bubble."

The sister city program is reaching beyond the schools, too. Last year, with McCollum acting as courier, the Snoqualmie Fire Department donated a cache of used coats, helmets and other gear to Chaclacayo's firefighter brigade. Peruvian firefighters, all of whom are volunteers, are required to buy their own equipment, explains McCollum. New gear goes for \$1,300—a difficult stretch for many volunteers, who are thrilled to receive the Snoqualmie donations.

With the burgeoning success of the sister city program, McCollum finds herself fielding inquiries from mayors and municipalities around the world, all hoping to join the Snoqualmie family. Busy building out her infrastructure and recruiting board members, she's laying the groundwork for new alliances. "Our exchange program is going strong," she says, "all because of my tour to Peru in 2009 with the UW, and the friendship of my tour director, Ernesto Riedner."

When Ernesto's daughter first arrived in Snoqualmie from her home in Chaclacayo, she stood out in the rain and just let it pour over her.



CAPITAL Lima
POPULATION 30.4 mil
MEDIAN AGE 27 yrs
LIFE EXPECTANCY 73.2 yrs
GDP \$376.7 bil
CURRENCY Nuevo Sol
LANGUAGE Spanish,
QUechua. Avmara

NATURAL RESOURCES

copper, silver, gold petroleum, coal timber, fish iron ore phosphate potash hydropower

natural gas

- slightly smaller than Alaska
- sixth largest producer of gold in the world
- national dance is the coquettish marinera, which mimics the mating ritual of a bird
- intellectual and novelist Mario Vargas Llosa received the 2010 Nobel Prize for Literature
- home of the oldest continuously functioning university in the Americas—The National University of San Marcos in Lima

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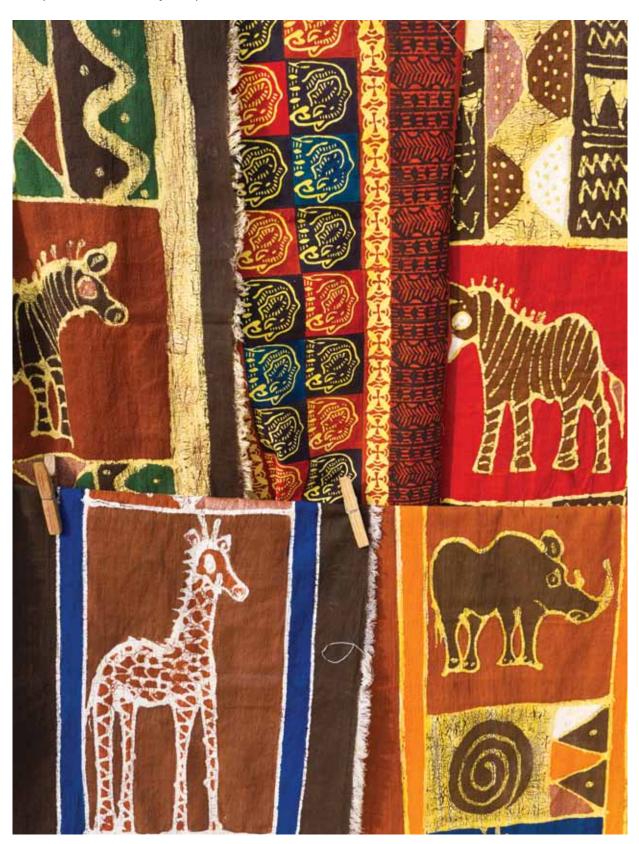
Campus Abroad

Several tours each year base in one or two cities and feature local experts who specialize in the art, history or culture of the region.

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Colorful textiles hanging at a craft village in Zambia feature images of giraffes and zebras, wildlife that tourists to the country are likely to see. The textiles are hand painted by local artists.



ZAMBIA

TRAVELERS OUTFIT VILLAGE FOR HEALTH

he tour was titled "Africa's Wildlife," and it delivered. Zebras, giraffes, rhinos, lions, elephants and antelope all made appearances, much to the delight of the 24 travelers who had crossed an ocean to see them. But by the trip's end, the thrill of seeing exotic animals had been eclipsed by a more intimate African encounter: a half-day visit to a village on the Lower Zambezi River. "To a person," says Al Jones, who posed the question to his fellow travelers, "we all named it a highlight of the trip."

The village, Chiawa, is a local cultural center, and residents rolled out the welcome mat with traditional dancing, a formal greeting from the village chief, and impromptu lessons on grinding corn. The villagers' warmth and generosity—despite threadbare clothes, bare feet and meager possessions—astonished the visitors. They were also stunned by another fact of village life: pervasive illness and disease. Jones was appalled by the suffering he saw, including disabled children (one boy, his legs bent and splayed, moved about on callused knees) and a ringworm infection that plagued half the village kids.

Thanks to a previous visitor, the village had a supply of ringworm medication, but no one in Chiawa knew how to use it. No one, that is, except Jones, a retired physician and 1963 graduate of the UW School of Medicine. He stepped in to treat a boy with an especially bad case, and organized a brief how-to clinic with local mothers. Word came back a few months later that his efforts had cured the entire village of ringworm. But it recurred. The next time, though, villagers knew just what to do.

Moved by their short visit, Jones and the other UW Alumni Tours participants donated money to buy chairs for Chiawa's school—a bare-bones concrete room, with a lone chalkboard hanging askew on one wall. But the group wanted to do more. "We have so much and they have nothing," says Jones. With the visit lingering in his mind a couple months after his return home to California, he contacted the group's tour guide, Robyn Steegstra: What could they do?

"I see this in tour after tour," says Steegstra. "People want to contribute but they don't know how. They often want easy ways to give back." She credits Jones' heroic persistence with making a real difference for area villagers. After extensive consultation with local residents, and a few false starts, the most pressing need came to light: a solar-powered refrigerator for a health clinic in a neighboring village. Workers there were doing the best they could, storing medications in a bucket of ice, because perishable vaccines—tetanus, polio, diphtheria—require refrigeration in order to be effective.

Then there was the matter of the missing nurse. In Zambia, Jones explains, nurses won't come to work in village clinics unless there's refrigeration already in place. "It's such a little thing," he says of the fridge, "but it means all the world to them." It was an effort to see the donation through. More than two years elapsed between the UW group's visit and the arrival of the refrigerator in its new home. All told, the tour participants contributed about \$3,500 to purchase and transport the appliance. Along the way, the effort was buoyed by everyone from the manager of a local lodge (who flew the fridge from the capital city to the Lower Zambezi) to an itinerant graduate student with firsthand knowledge of the African bush.

The group's generosity has inspired other travelers, all of whom have donated "on the spot" to support local efforts, says UW travel director Pauline Ranieri. Tour participant Cheryl House, '66, sent a duffel bag of soccer balls (specially designed to withstand thorny, rocky playing fields) for local kids. Steegstra, the tour guide, led a fundraising effort that supplied a wheelchair for the Chiawa boy who is unable to walk. When Jones' daughter recently turned 30, she used her birthday money to buy benches for the village health clinic.

Next up? Jones dreams of constructing a second building dedicated solely to obstetrics. There's talk of creating a foundation. But donations flow more easily, he's found, when travelers can see the conditions firsthand. "The need just totally blows your mind," he says. "You don't have to be a rocket scientist to do some good in Africa." — Kelly Huffman is a frequent contributor to Columns

The thrill of seeing exotic animals had been eclipsed by a more intimate African encounter: a half-day visit to a village on the Lower Zambezi.



CAPITAL LUSAKA
POPULATION 14.5 mil
MEDIAN AGE 17.2 yrs
LIFE EXPECTANCY 51.8 yrs
GDP \$61.7 bil
CURRENCY Zambian kwacha
LANGUAGE English

NATURAL RESOURCES

copper cobalt, zinc lead, coal emeralds gold, silver uranium hydropower

- slightly larger than Texas
- until 1964, Zambia was known as Northern Rhodesia
- nshima, made from ground maize and water, is the staple food
- $\,\blacksquare\,$ termite hills in Zambia can grow to be the size of a cottage
- citizens expect friendly people to call on them, unannounced

It Takes a Village to Donate a Refrigerator

After visiting a remote village as part of their "Africa's Wildlife" adventure with UW Alumni Tours, 24 travelers pooled their money and resources to donate a solar-powered refrigerator to a village clinic. Simple enough, right? Not really. The donation was a complex undertaking that spanned more than two years. Here are a few of the people who helped turn a philanthropic impulse into a life-changing reality:

Al Jones

UW School of Medicine, class of 1963. Spearheaded the donation effort

Robyn Steegstra

Tour guide. Acted as liaison between Jones and the village

Natalie Clark

Lodge manager, Royal Zambezi Lodge. Facilitated air delivery and local communications

Frances Davies

Graduate student, Capetown University, studying and living in the African bush. Advised Jones on the practicalities of village life

Rich Pettit

UW employee and tour participant. Transferred the funds to buy the refrigerator

Local Residents

Lower Zambezi River. Transported the refrigerator by boat and through the bush

Got a favorite memory from your UW Alumni Tours adventure? We need to hear it! Send it to columns@uw.edu







They walk into a classroom that is filled with a sea of anxious faces.

Expectations run high. They take a deep breath and off they go—the process of molding students into scholars is what teachers do everyday.

With the greatest of ease? Hardly. Only some have the chops to rise above the rest. Introducing this year's best of the best.

Interviews by JULIE GARNER

Holga photos by JON MARMOR

All received the Distinguished Teaching Award unless otherwise noted.

Ellen Moore

Communications Lecturer, UW Tacoma

I boarded the light rail on my way to an event downtown during my first quarter teaching at UW Tacoma, and much to my surprise, there was one of my best students: he was a security guard for the train! He told me that he was married and had children, and he knew how important an education was so that he could support his family. I never looked at my students the same way after that, knowing their lives outside of campus.

Distinguished Teaching Award for Innovation with Technology

Chemistry faculty: not only do they know their molecules but they sure know how to celebrate. Four young members of the department (listed from left to right) can't contain their joy on a drizzly day in the Quad.

Andrew Boydston
Assistant Professor

Jasmine Bryant Lecturer

Colleen Craig Lecturer

Stefan Stoll Assistant Professor





Marsha L. Landolt Distinguished Graduate Mentor Award

Daniel T. Schwartz

Professor, Engineering

I've had many pleasant surprises, but the biggest was how quickly Native American student interest grew in our tribal energy research program. Our first project with the Yakama Nation had no Yakama Fellowship students—two years later, we had five. I even got a call from a prospective Yakama student on a military base in Iraq.



Chris Laws

Senior Lecturer, Astronomy

I have incredibly fond memories of earning a B.S. in psychology. I enjoyed it so much that just a few years later and after a bit of an epiphany over my honeymoon, I returned to study astronomy and math. It was invigorating beyond words and completely transformative and eventually brought me to Seattle to this lovely position where I can continue to be a happy, excited, (not-always-clearly-focused) student for as long as I can keep it up.







Taryn Lindhorst Associate Professor, Social Work

What kind of student was I? Very serious! In high school I was teased because every other day I would have a new book to read on top of the pile of textbooks I carried around. Then, in college, I finished in a hurry at WSU because I wanted to get out into the "real world" and do something about real problems. That is what led me to social work.







Leta Beard

Senior Lecturer, Business

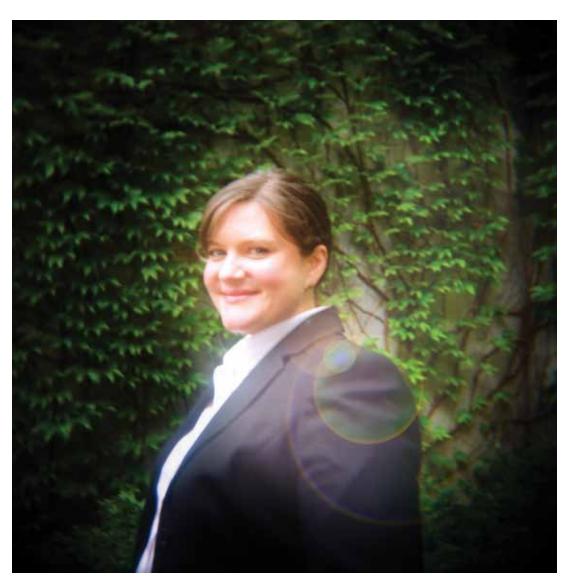
Students are full of surprises. Especially when it comes to excuses for a missed class or test. I had one student who managed to miss the last three weeks of class but showed up to take the final. He had quite a story to tell. It turned out that he had made it to the final round of the national "Texas Hold 'em" tournament. Lucky in cards but not so lucky in marketing class.

Wayne Au

Associate Professor, Education, UW Bothell

I worked with a lot of youth as a high school teacher, from Upward Bound to an alternative public school for dropouts to large comprehensive programs. I loved being a high school teacher, especially working with those students. No offense to my colleagues (just keeping it real) but work as a high school teacher is so much harder than being a college professor.







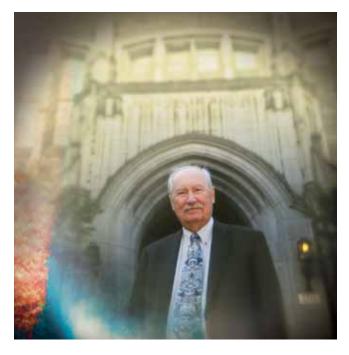
Emily Pahnke

Associate Professor, Business

Nothing has been as frightening as the dreams that every teacher has about showing up on the first day and having forgotten the syllabus and lecture slides. My college experience? Oh, I liked it but I had to work hard at it. I followed some excellent advice and took a fun course every semester, which provided a lot of perspective. Plus, it is where I made many lasting friendships.



I was in love with my kindergarten teacher. It was college before I met my next favorite teacher, a professor at Oregon State whose mentoring was responsible for my entry into a career in forest science. Over the years, teaching has gotten easier for me. Most of it occurs in the field where the most frightening moments are likely to be the appearance of a bear or a tree falling.







RISING **FROM HALLOWED** GROUND

is a place the UW Native American community can call home. Welcome to the wəfəb?altx^w-Intellectual House.

by HANNELORE SUDERMANN

On the site of a former parking lot,

an unusual structure has emerged among the collegiate gothic buildings and modern dormitories of central campus. A longhouse-style structure called wəfəb?altxw - Intellectual House finally brings into view a community that at times over the last century has been invisible.

Unlike its campus counterparts, this building is more than classrooms and meeting space. The fairly simple edifice with a grand wood-wrapped gathering space, an office, a meeting room and a kitchen, is really a multitude of statements. It's the University's way of saying it values the Native American people of the Northwest, including the Indians who once thrived on the land the University has occupied since 1895. And it's the Native communities' way of saying they want to join with the University as a resource for education, outreach and cultural support.

And it's everyone's promise to nurture the indigenous students who come to the University of Washington, support their efforts to find their futures and obtain degrees, and provide them a place to practice and share their cultures. Calling it a home, a place to share art and knowledge, and a living entity with feelings and spirit, the staff, faculty, students, and community advisers proudly invited everyone to explore the \$6 million, 8,400-square-foot building. A blending of modern aesthetic with traditional materials, its style and purpose date back centuries.

At the grand opening last March, two giant fans overhead moved the warm spring air through the densely packed hall. The bright open space filled with the voices and vibrations of a six-man drum circle.

"What do you guys think of our lovely home?" shouted Iisaaksiichaa (also known as Ross Braine, '09, '15), the UW's Tribal Liaison and first director of the facility. An Apsaalooké (Crow), he was hard to miss in regalia from his roach headdress made of deer hair and porcupine quills to the bells around his ankles, which jingled with every step. Elders in traditional shawls, blankets, headdresses and basketry hats from the Puget Sound region and Washington's coast emerged from the crowd to greet friends. Students, faculty, alumni, and a few hundred people from tribal communities around the region came for the two-day celebration in the unique building.

A MISSING HISTORY

Like the rest of Seattle, the University of Washington was built on land with a long history of traditional Native American use. Just a hundred years ago, the UW campus was a densely wooded hill that reached down to the edges of Lake Union and Lake Washington, a backcountry that was home for the Duwamish and other Indian communities.

Today's University Village, with its tony shops and restaurants was, in fact, the site of a real village with five longhouses and a fishing weir. Historian Coll Thrush, '98, '02, uncovered that fact as a graduate student researching his dissertation on Native Americans in Seattle from the time of white settlement. In 2007, his doctoral project became a UW Press book: *Native Seattle: Histories from the Crossing-Over Place.*

"You wouldn't think of Seattle as a place out of touch with its Native culture," says Thrush. "It kind of marinates in indigenous imagery." But this is a city that has always liked its metaphorical Indians more than its actual Native people, he says. He points to the city's first official piece of public art, a totem pole. The original piece had nothing to do with

the local Native cultures. It was stolen in 1899 from an Alaskan Tlingit community nearly 800 miles to the

You wouldn't think of Seattle as a place out of touch with its Native culture.

north by members of Seattle's chamber of commerce. Its replacement (which was created after the original was vandalized in the 1930s) now presides over Pioneer Square at the intersection of First Avenue and Yesler Way. Totem poles like this didn't exist around Seattle, says Thrush. But the city's business leaders saw opportunity in branding the city in Native imagery, even if it wasn't from here.

A stronger example may be Chief Seeathl, says the historian. The early settlers decided to take his name for their city, yet when he died 12 years after the naming, no newspaper acknowledged his death. Nonetheless Native Americans were central to the building of Seattle. Thousands of indigenous men and women, notes Thrush, helped clear land and build homes. They worked at Henry Yesler's sawmill and built "Doc" Maynard's store. They hunted and fished for the settlers, and even delivered their mail and groceries.

But some of the city's white residents found the Indian presence troubling, and in 1863 enacted a resolution to prevent them from having camps within the city. Many were forced out to other tribes' reservations at Port Madison and Tulalip, but some clung their traditional ways and places. Newcomers would find canoes along with racks of curing salmon roe along the shores of the young city. Native women sold their handmade baskets in front of department stores in the burgeoning downtown.

In 1895, as the scaffolding for Denny Hall rose out of the treetops, a few Native homes and camps still dotted the shores of Lake Union.But as the city developed, its indigenous community disappeared from view. In some instances, settlers razed Indian homes and burned their longhouses. "The Indian people who remained in Seattle," Thrush writes in his book,

"became almost invisible as they adapted to life in a new metropolis." The same could be said for the Native students who enrolled at the University of Washington. Very few students of color attended the UW in the 1950s and 1960s, even fewer from indigenous backgrounds. No one knew who among the students was Native American. "Nobody kept track of those things," says James Nason, '67, '70, a Comanche who came to the UW to complete a doctorate in anthropology and stayed for four decades, joining the faculty, working as a curator for the Burke Museum and serving as the director for the American Indian Studies program.

When Nason arrived, the University had very few Native American faculty and identifying Native students was nearly impossible, he says. The first count estimated about 120-130 Native students on campus, but that included those who self-identified as Indian, but may not have been connected with a tribe. At the time, Nason explains, neither the University nor much of academia tracked student ethnicity and background.

But in 1968, protestors led by the Black Student Union stormed and occupied President Charles Odegaard's office, demanding that the University recruit a more diverse student body, hire non-white faculty and broaden its curriculum. They argued that in the 3,000 classes offered in arts and humanities, not one professor or instructor was using books by or about African Americans, Asian Americans, Latinos or Native Americans. That and other student activism in the late 1960s and early 1970s led to the creation of the Educational Opportunity Program to support minority, economically disadvantaged, and first-generation students, and to the establishment of what is now UW's Office of Minority Affairs & Diversity.

The Native American students took their own specific approach. In a seminar in the summer of 1970, they defined the need for an American Indian Studies program and requested a space all their own. "They really wanted a place where students could hang out together," says Nason. That notion evolved into a cultural center, where they could teach

dance, host talks and display artwork. "We even identified a site, but nothing came of it," says Nason. The need for

space only increased. In the 1990s, the Indian studies programs lost access to campus dance rehearsal rooms and art studios.

"I remember when Jim Nason raised the issue of building a longhouse facility," says Augustine McCaffery, '85, '92, '12, a senior academic program specialist in graduate studies who arrived at the UW in the 1970s. It made so much sense to the young Native American woman. Such a resource could help the University recruit a more diverse faculty and be a draw for Native American students. McCaffery (Comanche) focused her UW doctoral studies on American Indian students in higher education. Her research revealed that Native Americans are the most underrepresented minority group in undergraduate education nationwide, and that the issue is even more glaring with graduate school.

At the same time, very few scholars have examined the success and needs of Native Americans in higher education. "They're a forgotten minority," she says. McCaffery remembers a time when only 75 Native Americans were enrolled in graduate programs at the UW. "Every year I would pull out the list and count," she says. But the UW is headed in the right direction, recruiting and retaining more indigenous students, of which there are now more than 200 pursuing graduate degrees.

Over the past 15 years, the number of students at the UW who have identified as Native American has exceeded 550. According the Office of Minority Affairs & Diversity, American Indian, Alaska Native and First Nations undergraduates at UW Seattle graduate at a rate that is 23 percentage points higher than the national average at public four-year schools. When Leonard Forsman, '81, Chairman of the Suquamish Tribe, was a student, the Indians at UW were "a loose grassroots group



hanging on by their fingernails," he recalls. "Far from home, on this big giant campus they feel alone."

Three decades later, Tyson Johnston, '08, a Quinault, felt similarly lost among the 38,000 students at the UW. But he made friends and found purpose when he joined the First Nations student group at the University and signed on to the advisory board to build the Intellectual House. Now vice president of the Quinault Indian Nation, Johnston developed his leadership skills working with his classmates to build campus and state support for the wəfəb?altxw – Intellectual House project. He even traveled to Olympia to lobby for state funding.

"It would not have happened if it were not for so many, many people pulling together," says Sheila Edwards Lange, '00, '06, UW's vice president for minority affairs and vice provost for diversity. Their mission was clear: to create a place that recognized and supported not only the Native American students on campus, but the broader Native American community. It would serve as a cultural center, but also be a place for academic programs and community events.

Julian Argel, '84, '90, '91, a Tsimshian and Haida member working as the University's tribal liaison, advocated for the facility throughout his UW career. In 2001, he handed newly arrived American Indian Studies faculty member Charlotte Coté a folder and said, "You need to take on this project." Coté, who ultimately co-chaired the project's planning and advisory committee with W. Ron Allen, '81, of the Jamestown Sk'lallam Tribe, knew the challenges Native students face and the value of such a building. She left the Nuu-chah-nulth (Nootka) First Nation on Vancouver Island to attend a large public university in western Canada where she saw only one other Native student.

The UW already had an advisory committee of leaders in the regional Native American community. They joined efforts with students, staff and faculty like McCaffery in the graduate school and Cheryl Metoyer (Cherokee) in the Information School and took the idea to the University's leaders. It was a matter of timing, community support, and the right people in charge—particularly Patsy Whitefoot, a member of the Yakama tribe who led the UW's Native American Advisory Board; Lange, who had just been hired as the UW's chief diversity officer; and President Mark Emmert, '75, who grew up in the shadow of the Puyallup Reservation and attended the UW in the 1970s.

"Dr. Emmert got it immediately," says Coté. "He saw the value of not only recognizing regional indigenous culture, but also honoring Coast Salish traditional architecture. He couldn't believe it hadn't yet happened." Emmert made the project a priority for the University and tasked Lange and the Office of Minority Affairs & Diversity with making it happen. A timeline came to life for planning, fundraising, community involvement, siting and design. In 2009, the state appropriated \$1.5 million for the project. Soon after, Phyllis Wise, the University's interim president, pledged matching funds. And a dozen individual tribes have since donated money and materials.

While in a prominent spot on campus, the location bears a tinge of irony. The Intellectual House sits between Lewis and Clark Halls, and is bordered on one side by Whitman Lane (the Whitman Mission opened the West to thousands of white settlers and brought disease and death to the Indians, who responded by killing 11 people including the Whitmans), and on the other

by Stevens Way, named for the Washington governor who forced tens of thousands of Native Americans into treaties and onto reservations.

They had several choices, including a beautiful site by the water on the east side of campus. "But it wouldn't have been as accessible, or visible," says Coté. "We picked a site that would best serve the students."

GIFTS FROM THE ELDERS

Polly Olsen (Yakama), '94, of the School of Social Work, shepherded an elders' committee for the Intellectual House, and often helped elders from tribes around the region get to campus for meetings. The effort deepened overall tribal participation in the project.

The elders' involvement made it clear that giving the building an appropriate name was as important as designing it. In sessions with the advisory board, students brought forward a series of words they associated with the project. Ultimately Vi Hilbert, an elder of the Upper Skagit Tribe, gifted the project with the right word.

Hilbert had dedicated a good portion of her life to researching and preserving the Lushootseed language, which she learned as a child at the knees of her parents. She was one of the region's Salish language experts and a well-known and beloved teacher. She offered four options, all of which described a place of intelligence, of intellectual pursuits. wəfəb?altx" won out. "She was saying, we're not just a culture, we're intellectual human beings," says Coté. Hilbert died in 2008, and Julian Argel died in 2012. "But their spirits are in this project," says Coté. The first person to staff the house, Iisaaksiichaa (Ross Braine) follows in Argel's footsteps as tribal liaison. As director of wəfəb?altx" – Intellectual House, he will coordinate the use of the building for Native cultural and educational use as well as for broader campus events.

Late last spring, 200 students filled the gathering space to hear Interim President Ana Mari Cauce talk about racism and then ask for their help shaping the direction of the University's Race and Equity Initiative. "This space is meant for these conversations," Braine told them. "This place is something special, something alive. That's why we built it for you."

■—Hannelore Sudermann is Managing Editor of Columns.

The wəfəb?altx" – Intellectual House second phase will add a building for teaching and learning and include student programming space, meeting rooms, an arts lab, and an Elders lounge. Fundraising to complete the \$8 million second phase is under way. Details at www.uwfoundation.org/diversity.

Solutions Stirring Science to Life

EDITOR | Paul Fontana

pfontana@uw.edu

MIND

Whether it's coping with college or taming an addiction, mindfulness has real medical and practical benefits, and it's something UW researchers have been exploring for decades.

BY HANNELORE SUDERMANN

HE SYLVAN THEATER LAWN IS A POCKET OF serenity on a busy campus. On a warm spring afternoon a crowd of nearly 40 gathers around senior Alysha Greig.

With their yoga mats or grass beneath them, Greig has the group start on their backs so they can see the sky and tune into the world around them. Then she leads them in a breathing exercise before bringing them to their feet and commencing a series of poses called sun salutation.

"College students spend so much time studying so many different things, but they don't study themselves," says Greig, explaining why she started the UW Mindfulness Project, a student-driven and facultyadvised effort to help her classmates learn awareness techniques like yoga and meditation.

Greig had a difficult sophomore year. "I was living by myself. I was really alone," says the 24-year-old from Sammamish. She was depressed and wondering if she fit in at the University. Her situation is common among college students. In some circles, it's called the sophomore slump. In fact, depression is the leading reason students drop out.

Greig found her way through it with UW counselors and in yoga, exercise and meditation. Using mindfulness techniques, she became more attuned to how she was feeling and why. And things got better, she says. Willing to share her experience and support her classmates, Greig formed a "Yogis at UW" club in 2011. The club soared in popularity. At one point more than 300 students signed up. Wanting to make this a University-wide endeavor, last year Greig started the Mindfulness Project.

"Mindfulness is a lot more than yoga and meditation," says Greig. "It's a way of being present." Often described as a way of training your mind to be in the moment, mindfulness is credited with deepening insight and understanding of yourself and the world around you.

The practice is central to the Seattle Seahawks' mental health regime where, under the guidance of a performance psychologist, players meditate, do yoga and share meals. At Google, the mindfulness seminar is the most popular employee training program. And the medical community is finding the techniques can help with depression and mitigating pain.

It is a way of finding clarity in an increasingly complex world, says David Levy, a professor in the UW Information School, who is looking at how a mindful use of technology can help us live more healthy, reflective and productive lives. Most lessons stem from Buddhist practices, he explains. But more recently the notion has been scrubbed of its religious components and applied to business culture, job performance and even everyday tasks like eating and using the Internet.

Some of the earliest empirical work on mindfulness started right here at the University of Washington. In the 1970s, psychologist Alan Marlatt pioneered the use of techniques like meditation and self-evaluation to help drug and alcohol addicts be more aware of and regulate their addictive behavior. In the late 1980s, Marsha Linehan, a psychologist who now heads the UW Behavioral Research and Therapy Clinics, started using mindfulness techniques for patients with Borderline Personality Disorder. Her clients have problems regulating their emotions and controlling their behaviors, and may be prone to self-harm, suicide and substance abuse.

Both Linehan and Marlatt took professional risks, exploring territory that was generally seen as odd and non-scientific, but today is growing increasingly mainstream. "Alan forged ahead," says Sarah Bowen, '01, '08, '09, who participated in Marlatt's clinical work as a graduate student. Some of his earliest efforts focused on high-risk college student drinkers. His work later branched out to intensive meditation courses for men and women prisoners in a Seattle treatment facility. In spite of promising results, Marlatt (who died in 2011) struggled to get funding. "When I started in 2002, we were definitely the weird ones," says Bowen.

But those addicts who learned to meditate in jail "were using less overall," says Bowen. "They also had less depression and anxiety." Now mindfulness for addiction treatment is widespread, and Bowen travels the world, training therapists in mindfulness-based relapse prevention.

Linehan created a Dialectical Behavioral Training program to help her patients, who experience intense and quickly changing emotions. The program combines psychotherapy and telephone coaching with training in mindfulness and emotion-regulation techniques. She helps her patients get through crises by teaching them to observe themselves and the events around them without judgment and to be aware of their impulses. She provides them with tools to change their emotional responses.

While mindfulness offers significant medical applications, it also provides tools everyone could use, says Levy, a computer scientist by



training who discovered meditation decades ago. While immersed in the tech world at Xerox PARC, a research center in Palo Alto, "I kept wondering why our tools of connection might also be disconnecting us," says Levy. The constant buzz of computers, cell phones, and other technologies can distract and overload users. "I think the root of our problem is our philosophy of life: more, faster, better," says Levy. "But we never imagined we would be running the global economic machine at the speed that we are. But there are places in our lives where we can take control, live a more balanced life."

In 2006, Levy created an elective class on "Information and Contemplation" in the Information School to explore using technology in healthier and more productive ways. "Sometimes when you think, I should check my email, it's because you are feeling anxious or bored," says Levy. In one exercise, students allot a specific time for email and while they're doing

Both took professional risks, exploring territory that was generally seen as odd and non-scientific, but today is growing increasingly mainstream.

it, tune in to their minds and bodies. If they notice anything that suggests their email behaviors are unhealthy or unproductive, they develop guidelines to improve their practices.

"If you set aside a specific time and do email and nothing but email, you'll notice internal and external distractions that will take your mind away from the task at hand." But come back to your breath, he tells his students. "The process of coming back again and again is a way to strengthen your attention muscle."

In 2012, Levy led a study that showed mindfulness improved workplace performance. Focusing on human resource managers who spent a great deal of time multi-tasking, the research showed that those who went through the mindfulness training stayed on task longer and demonstrated improved memory and efficiency.

Levy now serves on the advisory board of the UW Mindfulness Project, along with a psychologist from Hall Health, the dean of undergraduate academic affairs and a bioethics professor. Participants can learn yoga and meditation and attend lectures from faculty and health professionals on topics like leadership, mental health, creativity and sustainability.

"Picture in your mind the image of a mountain." Six of us are perched on half-rolled yoga mats in a darkened classroom in Mary Gates Hall. A vine of muted party lights wraps around us. Sitting in the center in a practiced lotus position, graduate student Katerena Kuksenok leads the meditation. She asks us if we've meditated before (most say no), and she urges us to sit up straight with our legs crossed, if possible. Then she guides us to "breathe slowly," first focusing on the inhale for a few minutes and then on the exhale. "Clear your minds," she says. "When your mind begins to wander," she reminds us, "return to the mountain."

It is the week before exams, and Kuksenok chooses a mountain meditation because it fosters stillness and stability. She encourages us to imagine ourselves as the mountain and to watch the seasons change and the storms blow by.

After 20 minutes, she concludes the meditation. The lights come on and we talk briefly about how our bodies felt being so still for so long, what our mountains looked like, and whether we were able to keep our minds clear and focused. Most of us were not. Kuksenok smiles: "That's why we practice." —Hannelore Sudermann is Interim Managing Editor of Columns. Side note: David Levy's book Mindful Tech: How to Bring Balance to our Digital Lives will be published by Yale University Press in January 2016.

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Solutions Stirring Science to Life

EDITOR | Paul Fontana

pfontana@uw.edu

LIGHT

UW scientists have built a new nanometer-sized laser that is energy efficient, easy to build and compatible with existing electronics. The researchers hope this will enable them to produce an electrically-driven nanolaser that could open the door to using light, rather than electrons, to transfer information between computer chips and boards.

WING

Gyroscopes measure rotation in everyday technologies, from unmanned aerial vehicles to cell phone screen stabilizers. UW research suggests that insects' wings may also serve a gyroscopic function-a discovery that sheds new insight on natural flight and could help with developing new sensory systems in engineering.

CRIME

Research has found a link between childhood abuse and neglect and crime in adulthood. But a recent UW study finds that link all but disappears when other life factors are accounted for.

POLLUTION

A UW atmospheric scientist is leading an effort to study the evolution of air particles in the eastern U.S. in the winter. The project is measuring pollution from New York City south to Atlanta, over the coal-fired power plants of the Ohio River Valley, and in the more temperate southeast, and looking at what happens as those pollutants are blown offshore.

LABOR

The life of a Bangladeshi garment factory worker is not an easy one. But new research from the UW indicates that access to such factory jobs can improve the lives of young Bangladeshi women-motivating them to stay in school and lowering their likelihood of early marriage and childbirth.

AIR

The ability to use atmospheric nitrogen to support more widespread life was thought to have appeared 2 billion years ago. Now research from the UW looking at some of the planet's oldest rocks finds evidence that 3.2 billion years ago, life was already pulling nitrogen out of the air and converting it into a form that could support larger communities.

UNDERWATER

A robot built by UW researchers will deploy instruments to gather information in unprecedented detail about how marine life interacts with underwater equipment used to harvest wave and tidal energy. Researchers still don't fully understand how animals and fish will be affected by ocean energy equipment, and this instrument seeks to identify risks that could come into play in a longterm marine renewable energy project.

FORCE

A research project at the UW merges custom chemistry and 3-D printing. Scientists created a bone-shaped plastic tab that changes color under stretching. offering an easy way to record the force on an object.

MELT

Historic submarine and modern satellite records show that ice thickness in the central Arctic Ocean dropped by 65 percent from 1975 to 2012. September ice thickness, when the ice cover is at a minimum, dropped by 85 percent.

HUMANITY

Scientists have long known that humans and our cities affect the ecosystem and even drive some evolutionary change. What's new is that these evolutionary changes are happening more quickly than previously thought, and have potential impacts not in the distant future-but now.

An injectable polymer could keep soldiers and trauma patients from bleeding to death

BY JENNIFER LANGSTON

OST MILITARY BATTLEFIELD CASUALTIES die before ever reaching a surgical hospital. Of those soldiers who might potentially survive, most die from uncontrolled bleeding. In some cases, there's not much medics can do-a tourniquet won't stop bleeding from a chest wound, and clotting treatments that require refrigerated or frozen blood products aren't always available in the field. That's why University of

Washington researchers have developed a new injectable poly-

mer called PolySTAT that strengthens blood clots. The new



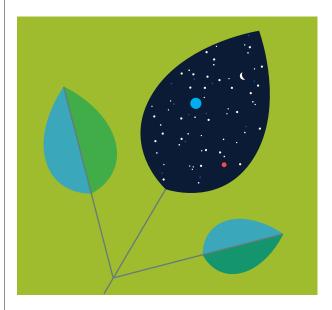
polymer, described in a paper in Science Translational Medicine, could become a first line of defense in everything from battlefield injuries to rural car accidents to search and rescue missions deep in the mountains. It has been tested in rats, and researchers say it could reach human trials in five years. "This is something you could potentially put in a syringe inside a backpack and give right away to reduce blood loss and keep people alive long enough to make it to medical care," says co-author Dr. Nathan White, assistant professor of emergency medicine, who teamed with UW bioengineers and chemical engineers to develop the macromolecule. Though the polymer's initial safety profile looks promising, researchers said, next steps include testing on larger animals and additional screening to find out if it binds to any other unintended substances. The researchers also plan to investigate its potential for treating hemophilia and for integration into bandages.

LEAF

Tiny plant fossils offer a window into Earth's landscape millions of years ago

BY MICHELLE MA

INISCULE, FOSSILIZED PIECES OF PLANTS could tell a detailed story of what the Earth looked like 50 million years ago. An international team led by the UW has discovered a way to determine the tree cover and density of trees, shrubs and bushes in locations over time based on clues in the cells of plant fossils preserved in rocks and soil. Tree density directly affects precipitation, erosion, animal behavior and a host of other factors in the natural world. This work could shed light on how the Earth's ecosystems changed over millions of



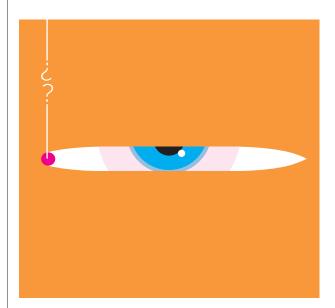
years. "It's the context in which all land-based organisms live, but we didn't have a way to measure it until now," says lead author Regan Dunn, a paleontologist at the UW's Burke Museum of Natural History and Culture. The team focused its fieldwork on several sites in Patagonia, which have some of the best-preserved fossils in the world and together represent 38 million years of ecosystem history. Paleontologists have collected fossils from these sites for years, and worked to determine their ages using radiometric dating. "The significance of this work cannot be overstated," said co-author Caroline Strömberg, the Estella B. Leopold Associate Professor in Biology and curator of paleobotany at the Burke. "Using this method, we can finally quantify in detail how Earth's plant and animal communities have responded to climate change over millions of years, which is vital for forecasting how ecosystems will change under predicted future climate scenarios."

WEED

New study shows teens and adults hazy on Washington state marijuana law

BY DEBORAH BACH

ore than two years after washington legalized marijuana, parents and teens may be hazy on the specifics of the law. UW research, published recently in Substance Use & Misuse, found that only 57 percent of Washington parents surveyed knew the legal age for recreational marijuana use and just 63 percent knew that homegrown marijuana is illegal under the law. And while 71 percent of 10th-graders correctly identified the legal age, fewer than half (49 percent) knew how much marijuana can legally be possessed. "As new states are



taking on legalized marijuana, we need to have public information campaigns to make sure people have the information they need," says co-author Kevin Haggerty, '89, '11, professor of social work and director of the Social Development Research Group at the UW School of Social Work. The study surveyed 115 lowincome families of teens attending Tacoma middle schools, who were part of an ongoing prevention study. Data was initially collected before Washington approved recreational marijuana, and then two years later during the summer of 2013. The study comes at a time when educators, parents and others are trying to determine what young people need to know about marijuana use and what messages might most effectively steer them away from it. Washington's law mandates that a portion of revenues from marijuana sales be used for public education, drug abuse treatment and research, and stipulates that the state consult with the UW annually to decide which programs to fund.



STARTING UP

Temo Ojeda came to the University of Washington with a passion for startups, and thanks to the Lavin Entrepreneurship Program, he's learning valuable lessons both in and outside the classroom.

BOUT 50 MILES SOUTH OF MEXICO CITY, TEMO Ojeda's hometown of Cuernavaca is known for its pleasant weather and lush vegetation. Though the city is home to many of Mexico's wealthy citizens and boasts an abundance of cultural and historic sites, its roads are riddled with potholes. As a senior in high school, Ojeda noticed that there was no database that showed where the potholes were—effectively creating a barrier between the government and its citizens. "People were not reporting problems, and the government was not fixing them," he says. So, along with some of his friends, he decided to do something about it.

They created Xopán, a mobile app that allowed citizens to report infrastructure problems to the government. "We gave open government a chance in a place where transparency was nil," he says. Although the app worked well and was gaining popularity, Ojeda and his friends had to leave the project behind when they scattered far and wide for college.

But Ojeda, a freshman studying computer science, knows that success often requires courageous choices—like leaving Cuernavaca for Seattle, more than 2,000 miles north of his hometown. It was the pull of a city with an abundance of tech opportunities and a university with a highly ranked Computer Science & Engineering program that

initially brought him here. Then he discovered, and was accepted to, the Leonard and Bernice Lavin Entrepreneurial Action Program, formed in partnership with the Foster School of Business and the Buerk Center for Entrepreneurship.

Thanks to the financial support of the highly competitive program, students like Ojeda visit venture-capitalist firms and startups, attend mentor meetings and workshops, receive scholarships to intern in early-stage companies and more. But first and foremost, they're immersed in the culture of creating their own opportunities. Many older students in the program often get internships through informal, self-initiated networking. "It's basically in their DNA," Ojeda says.

Although he's been at the UW for less than a year, Ojeda's already befriended fellow students who aspire to launch their own businesses, met with startup founders over coffee and talked to venture-capitalist investors about learning from failure. Through a host of Lavin Entrepreneurship Program–sponsored events, he's collected a stack of business cards and handed off his resume to several young companies in town. With luck, he'll secure an internship this summer in Seattle—perhaps even at Startup Hall, an on-campus business incubator formed as the result of an innovative public-private partnership at the UW.

"Technology is the easiest way to impact a lot of people. And that's what inspires me every day, to try to work better and work harder."

Though he doesn't know what, specifically, he wants to do in the long run, he knows that it's bigger than just making money. At the heart of it all is empowerment and accessibility. "Just growing up in Mexico, traveling around, made me think differently," says Ojeda. His grandfather lived in Acatlán, a small indigenous community in Guerrero, one of Mexico's poorest states, and Ojeda visited him many times.

"Getting to know these poor communities, it starts to grow in your mind: 'How can I help?'" he says. "So when you're developing something, it's not just for the wealthy. Technology is the easiest way to impact a lot of people. And that's what inspires me every day, to try to work better and work harder."



LASTING LEGACY, BOUNDLESS OPPORTUNITIES

When you create an endowment at the University of Washington, you bolster the work of students, programs and faculty for generations to come. The Leonard and Bernice Lavin Entrepreneurial Action Program is just

one of over 4,000 unique and meaningful endowments that benefit the UW community—and beyond. An investment today can provide the leaders of tomorrow with the resources needed to build a world of good.

giving.uw.edu/endowments



The Speed of Light

A brilliant, kind and multi-talented friend of mine was recently diagnosed with multiple myeloma, a rare cancer that forms in plasma cells. This year, 27,000 patients will be diagnosed with the disease in the U.S., and over 11,000 people will die. Though there are a handful of treatment options, multiple myeloma is considered to be incurable. However, thanks to the genius and dedication of some local scientists, hope is shining brightly across the horizon.

My friend subsequently underwent an urgent stem cell bone marrow transplant, one of the best existing options for treating multiple myeloma. But he didn't stop there. His driving curiosity and keen mind led him to discover world-renowned researchers at the UW and Fred Hutchinson Cancer Research Center who are accomplishing the truly sublime in their labs.

These scientists have enabled my friend to serve as a catalyst for revolutionary research: Inspired by the possibility of helping others, he has decided to fund a sophisticated immunotherapy study in the lab of Dr. Stan Riddell, a researcher at the Hutch and a professor at the UW School of Medicine. Building on countless years of work in genetics, virology and immunology, the study has a real chance to cure multiple myeloma patients around the world.

It's a beautiful collaboration that owes its existence to a group of donors, staff, doctors and researchers willing to collaborate and act swiftly and decisively. This is teamwork in its highest and most noble form. With this kind of collective action we are able to dismantle existing paradigms. It is striking, and I see it across the UW community every day.

The UW Foundation exists to match each donor's unique drive with the diverse interests of our extraordinary faculty and students. Whether funding cancer research that saves lives or an education that makes the world come to life, our generosity as donors brings discovery and beauty to the UW and beyond. Together, we turn shadows into light.

-JODI GREEN, Chair, UW Foundation

The UW Foundation advances the mission of the UW by securing private support for faculty, students and programs. To learn more, email uwfdn@uw.edu or call 206-685-1980.









$\overline{Out}\, {\mathfrak S} About$

ALUMNI AND FRIENDS OF THE UW GATHER TO CELEBRATE HUSKY PRIDE

With alumni and friends showing support near and far, Husky spirit knows no bounds. From our own backyard, to Oregon, California and New York, Huskies gathered together to support—and celebrate—the UW.



1 HUSKIES HIT THE LINKS

Dan Evans, '48, '49, and Robert Brunton, '61, teed off at the Desert Dawgs Golf Tournament at Indian Wells Golf Resort. The tournament was part of Dawg Days in the Desert, the UWAA's yearly multi-event celebration for alumni and friends in Southern California.

2 SERVING UP SCHOLARSHIPS

Kathy Simmons, Julie Edsforth, '94, and Sarah Frey, '11, dined at the UW School of Social Work's annual scholarship breakfast, an event that raised a record \$185,000 for student scholarships.

3 WELCOME TO TACOMA

Jeanne Hillman and Shahrokh Saudagaran, '86, gathered at the welcome reception for new University of Washington Tacoma Chancellor Mark Pagano.

4 OPENING CELEBRATIONS

Bill, '49, '51, and Martha Holm, '51, attended the opening of wəfəb?altx" – Intellectual House, a space designed to support Native American space dents, faculty and staff. This new addition to campus encourages those from all cultures and communities to gather and share knowledge.

5 DAWGS IN THE BIG APPLE

Shannon O'Grady, '07, co-chair of the UW's New York alumni chapter, and Libby Leahy, '05, showed off their Husky pride in New York City, where they ran in the second annual Dawg Dash NYC. The 5k, co-chaired by Leahy, raised scholarship funds for UW students.











6 CURATING THE FUTURE

Burke Museum Executive Director **Julie Stein** and board member **Ellen Ferguson**, '78, joined together to celebrate a successful year at the Burke Museum's 11th Annual Curators Dinner.

7 PALM SPRINGS PHILANTHROPY Kay Ruttman, Melissa Nielsen, '61, Ellery Cramer and Carole Johnson, '58, showed their support at the Desert Scholarship Luncheon, a Dawg Days in the Desert event.

8 NBA DAWG

Kathleen Lam, '05, Sarah Benner, '96, and Emma Strong, '13, met former Husky basketball star and current Golden State Warriors player Justin Holiday, '11, after a Warriors game in Oakland, California.

9 LEADERS UNITE

Yakama Nation Tribal Council Sargent at Arms **Gerald Lewis** celebrated the wəfəbʔaltxw – Intellectual House opening with **Patricia Whitefoot**, president of the UW Native American Advisory Board.

10 CHOW DOWN

Matt, '67, and **Mary Murray**, and UW head football coach **Chris Petersen** attended the annual Chow Down to Washington dinner during Dawg Days in the Desert.

11 NORTHWEST NETWORKING

Moriah Neils, '04, '14, Elizabeth Brookbank, '13, Gina Lee, '13, and Christine Malinowski, '13, gathered for a UW Information School alumni reception during the Association of College and Research Libraries conference in Portland, Oregon.

Newsprint Huskies Above the Fold



MATRIX MAVEN

Her contributions to theoretical and numerical linear algebra are legendary. That's why Anne Greenbaum, professor of applied mathematics, joins the Society for Industrial and Applied Mathematics with 30 other new fellows. She likes researching non-normal matrices and exploring fast methods for solving partial differential equations. But then, who doesn't?

..... TAKE ANOTHER BOW

What a dynasty! For the 23rd consecutive year, the School of Medicine's family and rural medicine programs were ranked No. 1 in the nation by U.S. News and World Report. But it gets even better. The UW ranked No. 1 in primary care and No. 10 among research medical schools. (Only UC San Francisco and the University of Michigan ranked in the top 10 of both categories.) The UW also placed in the top 10 in seven of eight specialty rankings. The UW has 42 graduate schools and specialty programs among the nation's top 10 in each area.

GOO-GOO/GAH-GAH

Babies are little mysteries that come in funny packages (diapers). One of the national experts in figuring out what goes in their little heads is Patricia Kuhl, co-director of the I-LABS program. A career of unlocking much of the mystery of how babies learn to talk, the social aspect of language learning

and the neurogenetics of language led her to be presented with the prestigious George A. Miller Prize in Cognitive Neuroscience, one of the top prizes in her field

..... **GEODUCK IN CHIEF**

What do you get when you cross a Husky with a Geoduck? You get George Bridges, '72, who was named president of The Evergreen State College in March. (The Geoduck is Evergreen's mascot.) He had been president at Whitman College since 2000. Before that, he was dean and vice provost of undergraduate education at the UW.

STAR POWER

Five young faculty stars have been awarded 2015 Sloan Research Fellowships based on their distinguished work and future promise. They are: Brandi Cossairt, assistant professor

of chemistry; Cole Trapnell, assistant professor of genome sciences; Shyam Gollakota, assistant professor of computer science and engineering; Emily Fox, assistant professor of statistics; and Thomas Rothvoss, assistant professor of computer science and engineering and of mathematics.

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MOVING NORTH

Mia Tuan left the University of Oregon to become dean of the UW College of Education. Tuan is a sociologist who explores race and ethnic identity and relations. Asian adoption, and immigrant adaptation. She directed the UO's Center on Diversity & Community.

HIGH HONORS

Frank Lloyd Wright said the architect is an original interpreter of his time, of his day and of his age. That comment certainly applies to two famous additions to the Roll of Honor in Architecture Hall in the College of Built Environments: Roland Terry, '40, and former professor Grant Jones, '61. Terry put a Pacific Northwest spin on modernism and designed the UW Alumni House among other buildings. Jones, '61, is known for ecological design including the Nooksack River Plan.

DEEP DOINGS

What in the world was a submarine doing surfacing on the shores of Lake Union this spring? No, we weren't being

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invaded. It was the UW Applied Physics Laboratory and Everett-based OceanGate unveiling a five-person submersible for deep-sea exploration. Cyclops 1 was developed over the past two years in the APL's co-laboratory space down by the Lake Washington Ship Canal.

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GRAD BRAG

Three UW programs perch in the top 10 on LinkedIn's rankings of graduate school programs based on job outcomes in select fields. They are: software development (third), software design (fourth) and accounting (seventh). "These rankings are based not on what happens before or during school, but the career outcomes that follow graduation," says LinkedIn's blog.

..... (FUL)BRIGHT STARS

Once again, the UW made the "top producers" list of research institutions for both Fulbright scholars and students, according to The Chronicle of Higher Education. Seven UW scholars and 13 students were awarded Fulbright grants for 2014-2015, landing the UW fourth on the scholars list. The Fulbright award program is the U.S. government's flagship international educational exchange.

PROF TO PROVOST

Jerry Baldasty, '72, '78, came to the UW a lean 18 in 1969—and wouldn't you know it, today he is the interim provost. He's been

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a professor of communication for the past 30 years and over that time, he's been no stranger to administration, having been dean of The Graduate School

Rock Out

The first dinosaur fossil in Washington state has been discovered by paleontologists from the Burke **Museum of Natu**ral History and **Culture. The fossil** was found along the shores of Sucia Island State Park in the San Juan Islands.

as well as senior vice provost for academic and student affairs. As interim provost, he is the UW's chief academic and budget officer. And he sometimes rides his bike to work.

The minimum wage for student workers climbed to \$11 an hour last spring to ensure their pay is competitive with their peers' across campus and around Seattle. Approximately 2,600 student workers, including several hundred who are supported by the Student and Activities Fees Committee, are affected. But with Seattle's newly mandated minimum wage increase to \$15 by 2022, that should rise still more. By the way, faculty from across the UW are leading a Seattle Minimum Wage Study to learn how the increase will affect workers, employers and the local economy.

STAR SYSTEM

Only six people in the country received the 2015 Carl Sagan Exoplanet Postdoctoral fellowship in the exciting new field of exploring planets that orbit



Lyrical Lila

MARILYNNE ROBINSON needs to make room in her trophy case for another major honor. Robinson, '68, '77, who teaches at the Iowa Writer's Workshop, is the winner of the 2015 National Book Critic Circle's Fiction Award for Lila, the final book in her Iowa-based trilogy. (Lila turns on the life of a widowed protestant pastor in the heartland of America.) A rare American author who reaps high praise from the literati and manages to sees her work regularly occupy spots on national bestseller lists, Robinson is no stranger to success. The other two books in her trilogy are Gilead, which won the Pulitzer Prize for Fiction in 2005, and *Home*, which received the 2009 Orange Prize for Fiction in the U.K. She also received the 2012 National Humanities Medal and has been described as "one of the world's most compelling English-speaking novelists."-JULIE GARNER



PUBLIC ADMINISTRATOR

Lloyd Hara

In 1.961, when President John F. Kennedy famously said, "Ask not what your country can do for you, ask what you can do for your country," Lloyd Hara took it to heart. It's why he went to graduate school to study public affairs and spent the past 40 years in public service. Now in his sixth year as the King County Assessor, Hara, '62, '64, continues to blaze trails. He made King County the first in the nation to send appraisers into the field with iPads to make the valuation process quicker and more efficient. His department also launched a website with an app called LocalScape, which gives users all the information the assessor's office has, making the property-valuation process completely transparent. Hara isn't a razzle-dazzle kind of guy and he doesn't have a glamorous job. He routinely puts in 12-hour workdays, attends endless meetings, and shows up in Olympia and at public events to the point where people ask, "Where's Lloyd?" if he misses one. He makes 200 presentations each year to educate people about how and why their property is valued as it is. Need proof of his driven approach? Talk to his younger colleagues. Deputy Assessor Tre' Maxie remembers buying a new pair of shoes for his first day on the job in January "and we walked so much that by late

February, I had a hole in the bottom of my shoe." Hara comes from a family of Huskies. His father, James Hara, '33, and his mother, Shuko Hara, '36, both graduated from the School of Pharmacy; his sisters are also University of Washington graduates. Hara graduated from Roosevelt High School after spending much of his childhood in Nebraska, Illinois and Wisconsin. His father, who had connections in the Midwest, moved the family out of Seattle temporarily to avoid the internment of West Coast Japanese Americans during World War II. Still, Hara faced discrimination—and it spurred him to end it where

he could. An example: in the 1980s, Hara was asked to form a Rotary Club in the International District-Pioneer Square area. Back then, Rotary did not accept women. But Hara and his fellow Rotarians broke with the organization's laws to accept women—not one, but 15. Rod Dembowski, '01, King County Council member, has known Hara for more than two decades. "Lloyd is like the tortoise in the fable," he says. "Day in and day out, year in and year out, he moves policy forward." Lloyd is patient, thoughtful and strategic. And that tends to win the race." Before becoming the county assessor, Hara was an officer during the Vietnam War, a Seattle Port Commissioner, King County's youngest auditor and Seattle City Treasurer for 13 years. In 2012, an endowed fund in the Evans School of Public Affairs was created in Lloyd Hara's name to support graduate students committed to excellence in local government. Hara has fond memories of the Institute of Public Affairs at the UW, the precursor to the Evans School. "I was in a class of five. You couldn't duck under the table or sleep or sit in class for an hour and not be asked to respond to questions," recalls Hara. It's unlikely Lloyd Hara would have been caught napping. ■

ALUMNI PROFILE

By JULIE GARNER Photo By KAREN ORDERS

Mean Mommy?

NOT REALLY. Pamela Reed just finished her role as Amy Poehler's hypercritical yet hilarious mother in the hit series Parks and Recreation. But viewers need look no further than Seattle theaters to enjoy her talent on stage. Reed recently performed at Seattle's ACT Theater in Other Desert Cities and Vanya and Sonia and Masha and Spike. For her role as Martha in Who's Afraid of Virginia Woolf at the Seattle Repertory Theater, she received the prestigious Gregory Falls Award for Best Actress. Seattle Times critic Misha Berson wrote that Reed's "Martha conveys all the ferocious wit, tearing anger, lusty desperation and, finally, piteous sorrow of an unfulfilled woman ..." In real life, Reed, '75, has the bonafides to call herself a true daughter of Seattle. Having just moved back to the region, she is very glad to be home once again, even if real estate prices are nuts.—JULIE GARNER

stars in other systems. Daniel Foreman-Mackey, a UW postdoc, says he will use his Sagan fellowship to develop rigorous methods and open-source tools for studying exoplanets. The awards support the goals of NASA's Exoplanet Exploration Program to discover and characterize planetary systems and Earth-like planets.

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DOC SUPPORT

Six UW students are working behind the scenes with children in Neah Bay's Native American community on a documentary film project called *Telling Our Stories*. The effort is part of the Pipeline Project, which gives UW students the opportunity to mentor K-12 students.

3 x GOLDWATER

As 2015 Barry Goldwater Scholars, three UW students have been recognized for their "outstanding potential" for pursuing research careers in mathematics, natural sciences, and engineering. Nominated by their professors, lan W. Andrews, Gina L. Hansen and Alice C. Bosma-Moody are all studying bioengineering and all plan to continue in their field of study after graduation.



Their awards cover tuition, room and board, fees and books, up to \$7,500 a year.

W DOWN SOUTH

This summer, UW Tacoma will unveil a sizable metal W at the top of the grand staircase at 19th Street and Jefferson. Set against stunning views of campus, and made of steel in honor of Tacoma's blue-collar history, the eight-foot W will honor UW Tacoma's 25th anniversary.

GOOD NEIGHBORS

The relationship between the UW and its surrounding neigh-

borhoods is absolutely critical. Which is a big reason why the UW hired former Seattle City Council member Sally J. Clark as director of regional and community relations. Wrapping up nine years on Seattle's council, she also has many more years of experience in neighborhood and economic development.

DEMENTIA

Revolutionizing care for those suffering from Alzheimer's took a step closer to reality when the Ellison Foundation gave \$6 million to the UW Alzheimer's Disease Research Center. With the Ellison \$6 million and another \$14 million from other sources, UW Medicine intends to use gene sequencing to determine patient risk of acquiring the disease, test more drugs more quickly, and bring in a senior scientist to lead the clinical trials team and eventually test drugs in human volunteers.

HERBAL HEALING

Only five scientists nationwide received the 2015 Avant-Garde Award for HIV/AIDS Research from the National Institute of Drug Abuse. Of course, one is from the UW: Nichole Klatt, assistant professor of pharmaceutics, who will use the \$2.5 million prize to study how non-psychoactive (sorry, stoners) cannabis may be used as an anti-inflammatory treatment in HIV-infected individuals.

DIGGING IN

A general contractor has been selected for the new home of the Burke Museum, designed by Olson Kundig Architects. The new facility, which will have 60 percent more space for creatures great and small, and will feature improved research and storage capabilities, is expected to break ground in late 2015 and be completed in late 2018 or 2019. UW committed \$7.5 million to the \$95 million project in February.

INSPIRED BY BUGS

The quest to unlock the secrets of insect and animal behavior has given liftoff to the Air Force Center of Excellence on Nature-Inspired Flight Technologies and Ideas. The center, one of six nationwide, is housed within the Department of Biology in partnership with the College of Engineering,

and will buzz with research relating to object location, and navigation in complex or sensory-deprived environments.

TEETH, TOES, TLC

Fourth-year dental student David Ludwig was honored with a Community Volunteer Recognition Award for his work launching the Teeth and Toes Clinic, an interdisciplinary program that provides foot and dental exams to women in shelters and homeless teens.

FREE CUPCAKES

Cupcake Royale, the brainchild of Foster School grad Jody Hall, was named one of the Best Places to Work 2015 by Seattle Met magazine. Em-

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Grad Guv

Former Gov.
Christine Gregoire, '69, will be the featured speaker at Commencement June 13 at Husky Stadium. The lifelong public servant pushed to clean up the Hanford Nuclear Reservation among other achievements.

ployees are encouraged to give away a free cupcake, coffee or ice cream every day or participate in other "random acts of cupcakes." A daily freebie for each employee, of course, doesn't hurt in further sweetening the workday.

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MOUTHFUL

Libia Gil immigrated to the U.S. as a teenager with a tenuous grasp of the language, but is now helping more than 4.4 million English language learners in the nation's public schools receive high-quality instruction. Gil, who received her Ph.D. from the UW College of Education in 1989, is currently assistant deputy secretary and director of the Office of English Language Acquisition (an impressive mouthful in any language).

Facebook Lifeline

WITH HELP FROM the University of Washington, Facebook is improving its suicide prevention response by involving experts, recognizing signs of distress, and connecting people with the resources they need. Working with Forefront: Innovations in Suicide Prevention, a nonprofit based in the UW's School of Social Work, the social networking giant is creating new protocols to help distressed people and their concerned friends. The new effort, which launched last spring, allows Facebook users to take immediate action to reach out to a person in crisis—with Facebook offering some guidance about what to say or do. Or users can ask Facebook to look at the post and respond directly to the distressed person, messaging "You matter to us," and "You are not alone." The site also offers a video of a user who shares her own experience of feeling suicidal and overcoming it. Facebook can pause the distressed person's experience and send a private note offering to the connect the user who may be in crisis with a friend or a confidential chat line. Because about 82 percent of the people in the United States are on Facebook, the network has the potential to reach many dealing with severe depression and prevent them from harming themselves.—Julie Garner



PROFESSOR / RESEARCHER

Shelly Gray

Since she was a student in pharmacy school, Shelly Gray has felt a strong connection to the situation many elderly patients find themselves in: "I was struck by how many different medications older adults are taking, as well as their struggle with trying to keep those medications straight and recognizing when they were having side effects," she recalls. About five years ago, the UW pharmacy professor came across a study suggesting that anticholinergic medications—which block the release of acetylcholine, a neurotransmitter involved in learning and memory—may have permanent effects on cognition and could even lead to dementia. Listed among the medications was Benadryl, a common over-the-counter antihistamine. Initially skeptical of the findings, but intrigued by the ramifications, Gray and her research team joined a UW-Group Health study tracking nearly 3,500 adults over the age of 65. Armed with a plethora of pharmacy data, they examined the participants' medication use over time. After following participants for an average of seven years, the team was concerned by the results: a persistent link between long-term use of anticholinergic medications and developing dementia. "We were a bit nervous to report our findings because these medications are common, and some are available over the counter," she says. After the team published their findings this past January, the results struck a chord with people around the globe. But beyond igniting the interest of countless national and international media outlets, the study affected Gray. "I feel a big responsibility reading the many emails from actual people who are concerned about their years of medication use. I experienced on a personal level how study results can affect people's lives." (Gray emphasizes that people should take any medication concerns to their prescriber, and together

they can determine the best treatment option.) She could also relate to their concerns firsthand; as someone with insomnia, she has taken Benadryl as a sleep aid. Overall, Gray is optimistic: She sees the study as an important step toward the larger goal of improving older adults' quality of life. "We've known for a long time that these medications cause acute side effects," she explains. "Hopefully, this additional risk might make people stop and think." Gray's expertise and passion for geriatric pharmacy are already inspiring the next generation of pharmacists. As director of the UW's Geriatric Pharmacy Program, she hopes students will continue to understand the importance of studying geriatric pharmacy. "No matter what setting students find themselves in eventually, they're going to have interactions with older adults." Under Gray's guidance, the program has seen exponential growth, with about a fifth of each class now graduating with a Plein Certificate in Geriatric Pharmacy. With the program flourishing and her research evolving, Gray looks forward to the UW's continued leadership in the field. "It's nice to see," she says, "that your work is actually helping patients and providers make safer medication choices."

By MEG CRESSEY Photo By KAREN ORDERS

Henry Art Gallery

Artbreak Video//Yoga

JUNE 18

Video//Yoga is part of a series of yoga classes taught side by side with video art, creating an immersive visual and yogic experience that activates and engages all the senses.

Ilse Bing: Modern Photographer

THROUGH OCT. 18

The self-taught photographer became an early pioneer of photographing with the 35mm Leica hand-held camera, creating bold architectural compositions and touching observations of everyday life. Today, she is recognized as a key contributor to the development of modern photography.

Great Outdoors

Arboretum Plant Study: Seasonal Plant ID and

Explore the UW Botanic Gardens' plant collections with a focus on learning about woody plant selections, optimal landscape uses, and pruning and cultural considerations. This is an interactive program with both classroom and field segments, and participants will have the opportunity to learn from each other.

Botanical Sketching in Ink and Watercolor

AUGUST 10-24 MONDAY MORNINGS

Capture the essence of flowers and foliage in this 4-part class with simple techniques and portable materials! While using the perennial beds and borders at the Center for Urban Horticulture as a backdrop, you will be guided in an intuitive approach to sketching with pen, layering watercolor washes, and gathering tips that can be applied to everyday sketching. Register at 206.685.8033

Titanaboa: Monster Snake

AUGUST 22-NOVEMBER 15

Scientists have discovered 60 million-year-old remains of the largest snake in the world, Titanoboa cerrejonensis, which measured 48 feet and weighed up to 2,500 pounds. Delve into the discovery, reconstruction and implications of this enormous reptile.

Music

UW Symphony and Combined University Choirs

JUNE 5

Geoffrey Boers conducts the University Symphony and combined UW Chamber Singers and University Chorale in a performance of works by Verdi, Bernstein and Prokofiev.

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Events

7th Annual **Foster Alumni Picnic**

JUNE 27

Join Foster alumni and friends for delicious BBQ, live country music and UW-Mariners cooler that can be picked up at the game. UWalum.com/mariners

Homecoming

Come back to campus for these great traditions

OCTOBER 15

W Class of '65 Reunion Dinner

OCTOBER 16

Reunion Campus Tour and W Day

OCTOBER 17

MAP Breakfast and Homecoming Game

OCTOBER 18

W Dawg Dash Seattle UWalum.com/homecoming

Calling Class of '66

We're looking for volunteers to help plan the 50th Reunion. Contact Liani Swingle at 206-685-2978 or swingle9@uw.edu.

Regional

W Summer BBQs

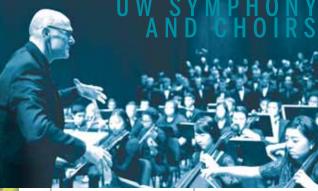
Celebrate summer across the country with fellow Huskies at these annual traditions in New York (June 6), Washington, D.C. (June 7), Portland (July 19), the Bay Area (Aug. 1) and Los Angeles (Aug. 2).

UWalum.com/BBQ

International Student Send-Offs

Each summer, Huskies across Asia host send-off events to welcome incoming students and their parents to the UW community. Send-offs will be held this July and August in Taipei (July 11), Seoul (July 17), Bangkok (July 25), Hong Kong (July 25), Beijing (Aug. 1), Shanghai (Aug. 7), Tokyo (Aug. 8), Jakarta (Aug. 15) and Singapore (Aug. 22).

UWalum.com/events



Willem de Rooij: Bouquet XI

THROUGH AUG. 16

Composed of flowers originating from the Middle East, Bouquet XI is created in collaboration with a local florist. De Rooij's floral sculptures are a playful nod to Holland's role as a major hub in the international flower trade and to historic Dutch floral still-life painting.

Burke Museum

Here & Now: **Native Artists Inspired**

THROUGH JULY 27

The exhibit features 30 new works by contemporary Native artists, paired with historic pieces from the Burke Museum that artists identified as key to their learning.

classic carnival games. There will also be tours of PACCAR and Dempsey Halls, an ice cream cart and a beer garden. foster.uw.edu/picnic

UW Night with the Mariners

JULY 10

Enjoy the Mariners-Angels game at a discounted price for UW alumni, students, parents, families, friends, faculty, staff and retirees. A portion of the proceeds will go toward UWAA scholarships. Includes a free

Author Events

Join us at University Book Store locations for special events. UWAA members save 30 percent on eligible purchases. For the most up-to-date schedule of events, ubookstore.com

JUNE 9

David Shields—That Thing You Do With Your Mouth

JULY 6

Mary Doria Russell in Conversation with Nancy Pearl—Epitaph

Career

W Leveraging LinkedIn

Get your headshot taken for free for your LinkedIn profile. When you're done mugging for the camera, attend a workshop to learn how to build and use your LinkedIn network. June 16-UW Tacoma June 17-UW Bothell June 18-UW Seattle UWalum.com/linkedin

Welcome to **Washington-Spokane**

JUNE 17

The UW welcomes new and returning students from the Spokane area to explore the boundless opportunities of the upcoming school year. Join a dynamic group of students, staff, alumni and faculty members from various departments for a dinner in celebration of our shared Husky experience. For more information, call the UWAA at 800-289-2586.

™ Cheers to Purple and Gold Alumni Cruise

AUGUST 11

Dress in purple and gold for a spirited cruise around Bellingham Bay! Join UW alumni and friends aboard the Victoria Star for a two-hour beer and winetasting vovage.

UWalum.com/events

UW Press

Check out these titles now available at uw.edu/press

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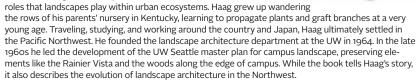
UW MEMBERS RECEIVE 30 PERCENT OFF ALL UW PRESS TITLES

The Landscape Architecture of **Richard Haag: From Modern Space** to Urban Ecological Design

By Thaisa Way

Renowned for his designs at Seattle's Gas Works Park and the "Series of Gardens" at the Bloedel Reserve on Bainbridge, landscape architect Richard Haag has reshaped the field as a teacher and activist. His innovative work contributed to the rise of urban ecological design, encouraging thinking beyond the

boundaries of gardens and parks to consider the broader





Ozette: Excavating a Makah Whaling Village

By Ruth Kirk

A comprehensive and highly readable account of the world-famous archaeological site at Ozette and the hydraulic excavation of the mudslide that both demolished the longhouses and protected the objects inside from decay.



Bike Battles: A History of Sharing the American Road

By James Longhurst

Longhurst traces the history of contentious debates between American bike riders, motorists, and pedestrians over the shared road showing us that these battles are nothing new; in fact they're simply a continuation of the original battle over who is—and isn't welcome on our roads.



Stars for Freedom: Hollywood, Black Celebrities, and the **Civil Rights Movement**

By Emilie Raymond

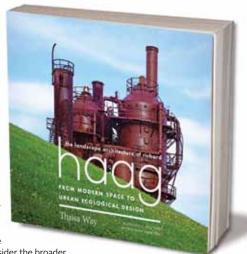
During the Civil Rights Movement, a handful of celebrities risked their careers by crusading for racial equality, and forged the role of celebrity in American political culture. This book focuses on the "Leading Six" trailblazers: Harry Belafonte, Ossie Davis, Ruby Dee, Sammy Davis Jr., Dick Gregory and Sidney Poitier.

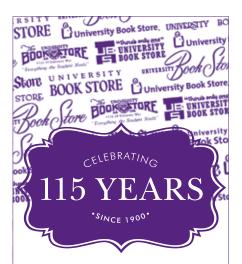


Trout Culture: How Fly Fishing Forever Changed the Rocky Mountain West

By Jen Corrinne Brown

Brown places the rise of recreational trout fishing in a local and global context, showing that the popular conception of Rocky Mountain trout fishing as a quintessential experience of communion with nature belies the sport's long history of environmental manipulation, engineering, and, ultimately, transformation.





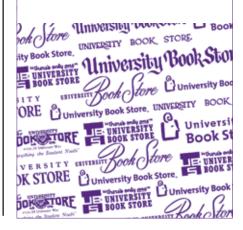
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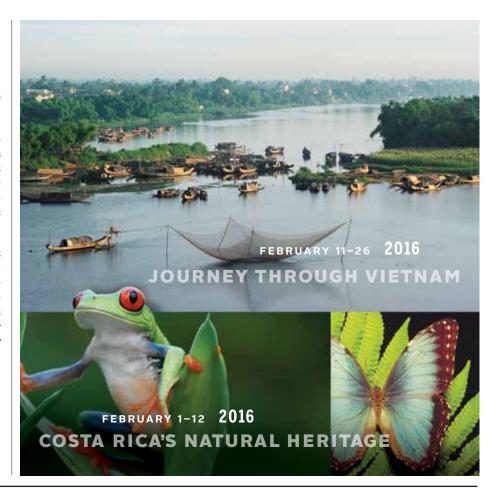
Journeys

Natural wonders abound on these two small group tours early in 2016.

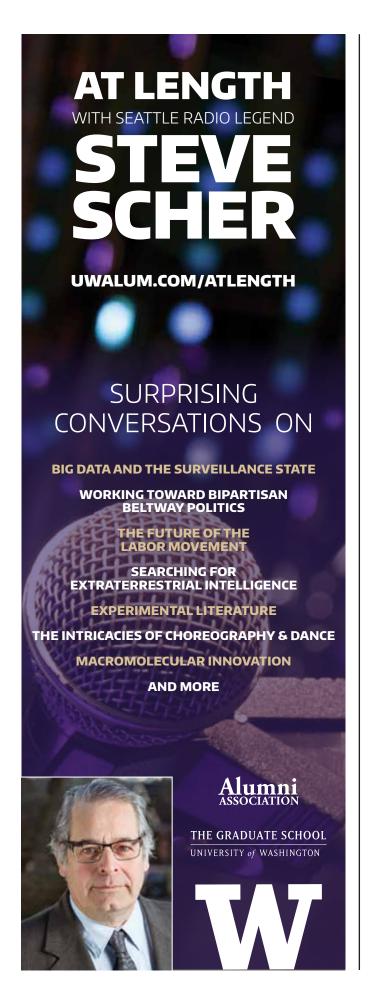
IN VIETNAM, travelers begin with sightseeing in Hanoi, but soon shift to Ha Long Bay's fairytale landscape of limestone cliffs, secret grottoes and hidden caves. Other stops include Hoi An's car-free Old Town, Da Nang, two days along the remote Mekong Delta, and historic stops in Saigon.

IN COSTA RICA, the nation's four distinct regions and their staggering display of biodiversity—pristine landscapes, unique microclimates, and exotic flora and fauna—are explored. The journey is comprehensive, but relaxed too—leisure time amidst the splendor is abundant. Learn more about these and other destinations at UWalum.com/tours.









UW NIGHT WITH THE **MARINERS MARINERS VS. ANGELS** FRIDAY, **JULY 10** 7:10 P.M. **SAFECO FIELD UWAA/MARINERS** COOLER

WITH

WITH PURCHASE*

> supplies last

TICKETS

\$20 view level \$35 field level

mariners.com/husky
Enter the promo code Husky



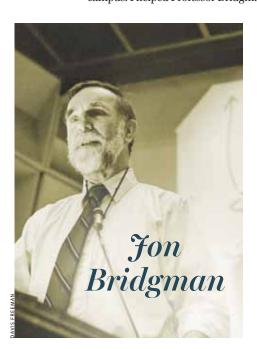
In Memory

It was a sad spring. We lost Jon Bridgman, Ivan Doig and Norman Johnston, three giants in their fields who meant so much to the UW community and beyond. We will miss them.

Jon Bridgman

Everyone's Favorite History Professor 1930–2015

■ In the 1950 film *La Ronde*, the narrator states: "I adore the past. It's so much more restful than the present and so much more certain than the future." History Professor Jon Bridgman said that this scene captured his perspective. He adored the past, and for more than five decades he infused thousands of University of Washington students with this adoration. His spellbinding lectures captured the spectacle, folly and absurdity of history. He took us beyond dates and cold facts with presentations such as the music of World War I, the science of the atom bomb, the bravery of battlefield nurses, and the aesthetics of Greek architecture. Despite numerous accolades, Professor Bridgman was always self-effacing. Indeed, he would often show a film on the last day of class so he could depart early and avoid the inevitable end-of-course applause. But for professors Arthur Ferrill and Donald Treadgold, his first book, Revolt of the Hereros, may never have seen print. While he was in Hawaii, they submitted his manuscript to a publisher. As an undergraduate in the late 1960s, I discovered Professor Bridgman in European history courses. His impassioned storytelling complemented by moving books and films fueled my curiosity and study. During those turbulent days, he also was deeply concerned for the safety of his students as clouds of tear gas wafted over the UW campus. I helped Professor Bridgman with a research project in recent years.

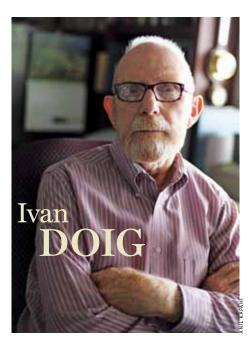


I'm grateful for all he taught me about innovative research and exploring historical problems. He also shared stories about his life. During high school, he used his earnings from odd jobs to buy the works of great historians such as Thucvdides and Gibbon. In early 2015. my wife Betsy and I attended Professor Bridgman's final lectures on the Golden Age of Hollywood. Despite challenging health problems, his enthusiasm and attention to students never waned. He leaves behind a profound and brilliant legacy.—Robin Lindley, '71,'74, is a Seattle attorney and features editor of the History News Network.

Ivan Doig

Author, Voice of the West

■ Whenever I wander by Smith Hall, I reflect about the home of the UW's esteemed History Department, as well as the place where, in 1969, a doctoral student wrote a memoir about losing his mother at age 6 and being raised by his father and grandma in hardscrabble Montana. Of course, I am referring to Ivan Doig's first book, *This House of Sky: Landscapes of a Western Mind*, which earned a nomination for the National Book Award. Doig went on to be-



come a prolific novelist, but it was his nonfiction that stopped me in my tracks. After I finished it, I immediately had to share it with my dad, because it was the story of his life, too. Even though he grew up thousands of miles away in the Bronx, the son of Ukranian immigrants, he lost his mom at an early age and encountered the same emotional issues Doig so eloquently, starkly and powerfully covered. Long before writer Julie Garner beautifully profiled Doig in our December 2013 issue, I met the author years ago at a bookstore, where he was speaking. As

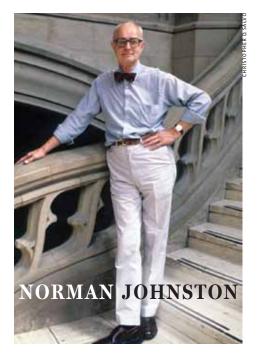
he signed my copy of his book, I found myself tongue-tied as I stood there in front of him, in awe of his talent, the way he crafted such a detailed, personal, real story. But that is exactly who he was: real. And hardworking as anyone you'll ever meet. He used the Ph.D. in history he earned here to create people in his novels who were authentic, down to the historical details and the way they spoke. How real? Well, at the bottom of the obituary that appeared in *The Seattle Times* after he died April 9 at the age of 75, his wife Carol suggested that "those who want to honor [Doig] read a good book, take a beautiful hike, or plant a native Northwest tree." Now that's real.—*Jon Marmor*

Norman Johnston

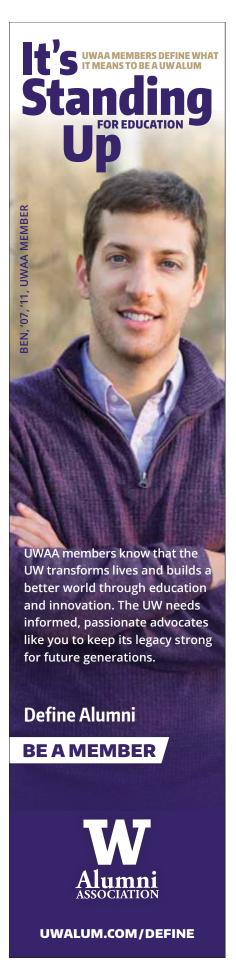
Architecture Professor, Mentor, Gentleman 1918–2015

■ Professor Emeritus Norman Johnston had the buttons on his blazers replaced by those bearing the University of Washington's crest; such was his love for this University. When I arrived here in 1964, he was associate dean of the College of Architecture and Urban Planning, and the first UW person I met. He was standing in the foyer of Architecture Hall. "I'm Johnston," he said. "You must be Hildebrand." My first impression was of a man unlikely to suffer fools; that impression proved accurate. Norman was an exacting colleague; imperfection was intolerable. But it was equally evident that he was a kind man, and a caring one; his quest for perfection arose from a deep dedication to the

University and its students. His affection for the University led him to write The Fountain and the Mountain: the University of Washington Campus, and The University of Washington Campus Guide, and to create and chair the UW's Landscape Advisory Committee. His early life had been spent in Olympia, where his father supervised construction of the State Capitol. Of that experience, Norman left tangible evidence, authoring Washington's Audacious State Capitol and Its Builders, in which he demonstrated its unexampled quality among our classically based capitols. He also founded The Capitol Campus Design Advisory Commission to protect that quality. As associate dean of the college, he became something of a father figure for its students-and its young faculty as well. Thousands will remember the kindness and warmth of his counsel; many will remember his generous, pragmatic assistance as well. Fifteen names of architects from this



region who have been of "genuinely extraordinary significance" are carved into the frieze of the College's lecture hall. The name "Johnston" has been among them for many years. Norman died on March 16 at the age of 96. The world is a better place because he lived, and is the less for his passing.—*Grant Hildebrand, Professor Emeritus, UW Department of Architecture*



Alumni

1920

Sylvia G. Wells-Henderson, '28, Bellevue, age 107, March 11.

1930

William F. Howard, '35, Bellevue, age 100, Oct. 19. Swen Marklund, '36, Kirkland, age 99, March 2. Marian C. Hunner, '38, Corvallis, Ore., age 101, Nov. 22. Barbara Ann Kirschner, '39, Vashon Island, age 97, Jan. 24.

1940

Elizabeth B. George, '40, Seattle, age 97, Feb. 8. David A. Lind, '40, Boulder, Colo., age 97, March 6. Harrison J. Hart Jr., '41, Edmonds, age 95, Jan. 2. Daniel T. Hayden, '41, '55, Silverdale, age 96, Feb. 4. Helen E. Murphy, '41, Shoreline, age 95, June 2013 and husband John Murphy, age 94, Sept. 1, 2014. Helen Strickland, '41, Seattle, age 95, March 8. C. Douglas Bovee, '42, Suquamish, age 72, Feb. 26. Vada May Corkery, '42, Seattle, age 93, March 5. Eugene F. Kirsten, '42, Seattle, age 96, Jan. 16. Sally-Bruce McClatchey, '42, Atlanta, age 92, Jan. 14. Carol Ray, '42, Eastsound, age 94, Nov. 30. Ruth J. Stone, '42, Des Moines, Wash., age 94, Feb. 1. Margaret Dean, '43, Seattle, age 93, March 4. Stanley B. McDonald, '43, Medina, age 94, Nov. 20. Robert B. Brown, '44, '47, Hoquiam, age 92, Jan 14. Harrison M. Holland, '44, Burlingame, Calif., age 93, Jan. 29.

Jacqueline C. Hardin, '45, Brookfield, Conn., age 91,

Charlotte L. North, '45, Seattle, age 92, Feb. 13.
Clarence R. Barr, '46, '49, Seattle, age 92, March 10.
William F. Kipple, '46, Issaquah, age 99, Dec. 4.
Sylvia C. Duryee, '47, '52, Seattle, age 89, Dec. 20.
Loys W. Lamb, '47, Shoreline, age 90, Dec. 31.
Mary Ann Lehmann, '47, Albuquerque, N.M., age 89,
June 15, 2014.

Barbara Bedayan, '48, Seattle, age 87, March 2. Edna C. Davidson, '48, Auburn, age 96, Jan. 14. Jay Follrich, '48, Redmond, age 91, Jan. 22. Joan D. Hemmingsen, '48, Shoreline, age 88, March 9. Henry W. Lennstrom, '48, '73, Walnut Creek, Calif., age 90, Jan. 1.

Girard L. Ordway, '48, Bethesda, Md., age 88, Jan. 31. Nathan Ross, '48, Bellevue, age 90, March 28. Theodore C. West, '48, '52, Snohomish, age 95, Feb. 9. Patricia W. Ackerman, '49, Seattle, age 86, Jan. 15. Margaret Beaver, '49, Kennewick, age 96, Feb. 8. Alton Druse, '49, Yakima, age 90, Feb. 1. Russel H. Nelson, '49, Vashon, Wash., age 89, Jan 16. Kathleen P. Sather, '49, Seattle, age 87, Jan. 23.

1950

Mollie V. Pepper, '50, La Conner, age 85, Jan. 18. Gustav Raaum, '50, Mercer Island, age 85, Dec. 28. Gerald G. Sather, '50, Bellevue, age 89, Jan. 8. James E. Beardsley Jr., '51, Vashon Island, age 86, Dec. 31.

Lorrin E. Carl, '51, Seattle, age 87, Jan. 5.
Arthur R. Griffin, '51, Seattle, age 85, Jan. 18.
Betty Ketcham, '51, Bend, Ore., age 93, Feb. 4.
Harold K. Latourette, '51, Charlottesville, Va., age 90, March 23.

Ted Holzknecht, '52, Kirkland, age 84, Jan. 17. Herbert D. Kotkins, '52, Bellevue, age 85, March 17. Donald L. Thoreson, '52, Seattle, age 84, Jan. 16. Webster Augustine Jr., '53, Seattle, age 84, Feb. 6. Lloyd Brown, '53, Seattle, age 89, Sept. 7. Kathleen M. Frantilla, '53, '63, Lake Forest Park, age 95, Feb. 10.

Irene M. Larry, '54, Mercer Island, age 82, Feb. 24. Eleanor Merz, '54, Kent, age 82, Feb. 17. William F. Peterson, '54, Bothell, age 83, Feb. 18. Ernest L. Vaughn, '54, Auburn, age 84, Jan. 16. Donald E. Borchers, '55, Seattle, age 83, March 12. John Gose, '55, Seattle, age 84, Jan. 2. Earl Caughie, '56, Belfair, Wash., age 87, April 25,

Bob Lane, '56, Anacortes, age 80, Feb. 5.

John D. Rowe, '56, Santa Monica, Calif., age 86, Oct. 7.

Gregory Cavadias, '57, Athens, Greece, age 79, Dec. 7.

Mark S. Hansen, '57, Anacortes, age 79, Jan. 8.

Marvin C. Hartley Jr., '57, Bothell, age 85, Dec. 23.

Lester P. Robbins, '57, Renton, age 94, Dec. 21.

Thomas C. Stancik, '57, Kenmore, age 80, Feb. 5.

George Yasui, '57, '58, Folsom, Calif., age 92, Aug. 16.

Gordon A. Fleming, '58, Auburn, age 80, Feb. 28.

Peter Henning, '58, Hunts Point, age 93, Jan. 12.

Gerald F. Ryles, '58, Kirkland, age 78, March 5.

Robert C. Beaulieu, '59, Kingston, age 83, Jan. 26.

M. Lynn Gross, '59, Seattle, age 77, Jan. 6.

John Easley, '59, Sammamish, age 77, Dec. 2013.

Jon W. Jarvis, '59, Woodinville, age 77, Jan. 7.

1960

David T. Cass, '60, Normandy Park, age 80, Jan. 11. Glenn D. Kinley, '60, Mesa, Ariz., age 87, Jan. 19. Michael G. Murphy, '60, Camano Island, age 77, March 9, 2014.

George Berkman, '61, Seattle, age 77, Feb. 5.
Paul E. Giese, '61, Lincoln, Mass., age 77, Jan. 14.
Arthur A. Murray, '61, Shoreline, age 93, Nov. 26.
Susan C. Watkinson, '61, Bremerton, age 75, Jan. 17.
Dennis V.H. Wilkins, '62, Bellevue, age 77, Jan. 14.
Marvin L. Hurd, '63, Seattle, age 82, Jan. 16.
Douglas A. Mong, '63, Poulsbo, age 74, Sept. 28.
Stanley I. Hill, '64, Kirkland, age 72, Feb. 17.
Sandra Mathews, '64, '70, Seattle, age 73, Jan. 13.
Leonard A. Peterson, '64, Kenmore, age 76, Dec. 21.
Sterling G. Smith, '64, Auburn, age 82, Dec. 2.
Chadwick J. Kirk, '65, Seattle, age 78, Jan. 15.
James W. MacIsaac, '65, Bellevue, age 73, Dec. 6.
Charles C. Miller, '65, Seattle, age 74, Jan. 17.

Leonard S. Patricelli, '65, Redmond, age 72, Jan. 24. Paul E. Irish, '66, Bellevue, age 76, Feb. 5. Joseph N. Albright, '67, Seattle, age 95, March 19. David D. Chandler, '67, Everett, age 70, Nov. 15. Jeanne C. Llewellyn, '67, '71, Priest River, Idaho, age 87, March 22.

Robert B. Stackhouse, '67, Longbranch, Wash., age 71, Jan. 10.

Robert O. Bergelin, '69, '88, Bainbridge Island, age 69, Dec. 17.

Carole L. Martens, '69, Seattle, age 78, Jan. 28. David C. Mirgon, '69, Edmonds, age 82, Dec. 24.

1970

Frederick W. Burns, '70, Seattle, age 67, Feb. 8. Emma J. Grant, '70, Seattle, age 84, May 24, 2014. William R. Reseburg, '70, Indian Wells, Calif., age 66, March 2.

Isabelle C. Sheen, '7o, Tucson, age 9o, Dec. 31.
Katie Campbell, '71, Clinton, age 65, Nov. 2o.
Richard A. Drottz, '72, Redmond, age 66, Jan. 19.
Martin O. Nelson, '72, Lake Forest Park, age 78, Feb. 18.
Ivan L. Starke Jr., '72, Camano Island, age 71, Feb. 7.
Thomas R. Hutchings, '73, Yuma, Ariz., age 75, Dec. 11.
Mits Tamura, '73, Shoreline, age 74, Jan. 1.
David L. Allen, '75, Kent, age 63, March 2.
Arnold Ismach, '75, Eugene, Ore., age 84, Jan. 14.
Margaret A. Cornaby, '76, Seattle, age 61, Feb. 24.
Wynne Estes-Wilson, '76, Bothell, age 74, March 9.
Nelse W. Petermann Jr., '76, Springdale, Ark., age 60,
Dec. 30, 2013.

Charlotte M. Graham, '77, Seattle, age 61, Jan. 6. Theodore M. Jenes, '77, Fort Collins, Colo., age 60, March 10.

John F. Hebert, '78, Normandy Park, age 86, Feb. 6. Janet S. Bumgardner, '79, Lynnwood, age 58, March 18.

1980

Sylvia A. Watson, '8o, Issaquah, age 79, March 14. Rebecca L. Goll, '81, Seattle, age 63, Jan. 14. Paul E. LaRiviere, '81, Kennewick, age 59, Dec. 26. Rosanna M. O'Neill, '83, Lake Stevens, age 55, June 13, 2014.

Jo Devine-Acers, '84, age 60, March 22.
Sandra Richardson, '84, '85, Seattle, age 57, Dec. 27.
Amy E. Jessberger, '86, Edmonds, age 50, Jan. 30.
Robert Willingham, '87, Kirkland, age 51, March 13.
Russell P. Herwig, '89, Seattle, age 62, Jan. 28.
Holly E. Hewitt, '89, Renton, age 53, Jan. 10.

1990

Ronald E. Beard, '90, '93, Seattle, age 58, Nov. 18. Ray Shanahan, '90, Seattle, age 48, Feb. 9. Sheila K. Henneuse, '93, Kenmore, age 55, March 8. Jeff C. Lucas, '93, Carnation, age 57, Feb. 10. Floradean Bousman, '96, Kenmore, age 78, Oct. 15. Marcia A. Muchmore, '97, Seattle, age 60, March 7.

2000

Fredy Martinez, '00, Pullman, age 73, Jan. 1. Susan Hepburn, '01, Sandpoint, Idaho, age 66, Feb. 2. John E. Esser, '03, Reykjavík, Iceland, age 34, March 8. Sean P. Murphy, '03, Seattle, age 32, Oct. 16.

Faculty & Friends

Nellie L. Bishop, who was born in Cornwall, England, worked at the UW Medical Center for 11 years. A member of the Daughters of the British and the Overseas Wives Club, she died in Port Angeles at age 98.

James W. Boudwin was a clinical assistant professor of psychiatry at the UW School of Medicine. He loved education, travel, family, home movies and music, especially opera. Boudwin died Feb. 2 at the age of 97.

John D. Brunzell, '63, '68, who spent more than 40 years at the UW, was widely recognized as an excellent physician, investigator, teacher and administrative leader. He served as a U.S. Army Captain in Vietnam and helicopter squadron flight surgeon from 1965 to 1966. He died in Seattle Feb. 21 at the age of 78.

Jackie Der served as director of medical policy affairs for the UW School of Medicine for more than 20 years. She loved her daughter Katie, memories of Paris and gardening, among other interests. Der, of Mercer Island, died March 2 at the age of 61.

Stuart J. Farber, '74, graduated from the UW

School of Medicine and went on to found the Palliative Care Service at UW Medical Center. He was a lover of Shakespeare, poetry and especially his four grandchildren. He died Feb. 27 at the age of 67.

Phyllis Flanders Dorset, '48, a UW philanthropist, died March 14 at the age of 90 in Redwood City, Calif. She and her husband, Donald, donated their Menlo Park home in trust to the UW. Proceeds from the home's sale funded student fellowships in their names in the UW Departments of English and Engineering.

Terrence Gleason, '72, who taught at the UW School of Medicine following a fellowship in oncology, died Oct. 22. He was 78.

Alex Gottfried joined the UW political science department in 1950 and taught until his retirement in 1982. He profoundly influenced generations of students in his constitutional law and American politics classes. Gottfried died March 18, 2014 at the age of 94.

Shirle Mae Hartley used her office skills at the UW for nearly 20 years. She visited all 50 states with the exception of West Virginia and Oklahoma. Hartley died three weeks after her husband Bud in early 2015. They were married for 63 years. Hartley was 86.

Warren Helgerson, '52, rowed for two national champion Husky crews, and was a member of the Big W Letterman's Club, the Oval Club, and the

Varsity Boat Club. He settled with his family on his apple orchard in East Wenatchee. Helgerson died Feb. 9 at the age of 84.

Ira Kalet, '78, joined the UW faculty in 1978. With a doctorate in theoretical physics, he joined the Department of Radiation Oncology and began a career in medical physics even developing a 3-D planning treatment system. He also played ice hockey with passion. Kalet, who lived in Kirkland, died Feb. 21 at the age of 71.

Wayne Katon, vice chair of the UW's Department of Psychiatry and Behavioral Sciences, spent more than 35 years at University, testing and developing models of care to make mental health treatment more accessible. He pioneered work that showed a collaborative intervention involving primary care physicians and psychiatrists improved outcomes in patients with depression. He died March 1 at age 64. Pamalai Mar worked at the UW as a book binder for 25 years. She was born in Taishan Canton Guangzhou, China, and lived in China until after World War II. Then she married Albert Mar and moved to Seattle to begin a new life. She died in Seattle Feb. 7 at the age of 90.

Paul Mockett worked as a researcher in the UW Physics Department from 1972 until 2005 when he retired. Mockett was a physicist, a farmer, but most importantly, he was a warm, caring husband and father. Mockett died March 30 in Seattle at the age of 79.

Albert Nijenhuis, who served as an affiliate professor of mathematics, discovered mathematics at the age of 14 and went on to develop important mathematical theories. He loved Seattle and telling his family stories about his native Holland. He died Feb. 13 in Seattle at the age of 88.

Von Tresckow Patu, a longtime friend and supporter of the UW, spent his adult life encouraging young people to stay in school and get a good education. He worked tirelessly on behalf of the South Pacific Islanders' community and served as community liaison for Seattle Public Schools for 30 years. Patu, who with his wife, Betty, received the 2014 Distinguished Community Service Award from the UW Multicultural Alumni Partnership, died Feb. 24 in Seattle at the age of 70.

John S. Reshetar Jr., professor emeritus of politics, spent 32 years at the UW. He also wrote books about the Ukrainian revolution and the Soviet Union. He died in Tucson on Feb. 7.He was 90.

Dorothy Smith had what she called a "dream career" at UW Libraries. She worked at the Engineering Library, Research Express and the Suzzallo Library. Smith was married to affiliate professor Burton J. Smith, who survives her. She died Feb. 11 at age 71.

Morton Stenchever was chair of the UW Department of Obstetrics & Gynecology for 19 years. He wrote 18 medical volumes and more than 120 journal articles. As much as he loved his work, nothing gave him more satisfaction than spending time with his family. Stenchever died Jan. 21 at the age of 84. Lorraine Weber, '49, '50, met her husband of 64 years, Robert Weber, at the UW. A life member of the President's Club, she loved dance and beach parties at the family home on Lake Washington. Weber died Feb. 26 at the age of 87.



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EDITOR | JON MARMOR, '94

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STAFF WRITER | JULIE GARNER, '10

ART DIRECTOR | KEN SHAFER

DEBORAH BACH, MEG CRESSEY, MARY GUIDEN,
GRANT HILDEBRAND, KELLY HUFFMAN,
JENNIFER LANGSTON, ROBYN LINDLEY,
MICHELLE MA. AIDA SOLOMON

CONTRIBUTING WRITERS

RICK DAHMS, BRIAN DALBALCON,
ANIL KAPAHI, ELIZABETH LOWRY, MICHAEL MOORE,
KAREN ORDERS, DENNIS WISE, RON WURZER

CONTRIBUTING PHOTOGRAPHERS

4333 BROOKLYN AVE. N.E. BOX 359508 SEATTLE WA 98195-9508

PHONE: 206-543-0540

FAX: 206-685-0611

COLUMNS@U.WASHINGTON.EDU

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AD FOLKS:

JEFF ADAMS, '83 jadams@sagacitymedia.com 206-454-3007

STEPHANIE DUCHARME

s ducharme@ sagacitymedia.com 206-454-3041

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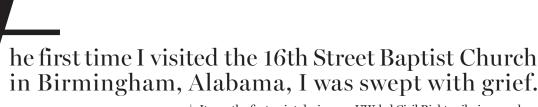






I,TOO, AM AMERICA

By Aida Solomon, '15



It was the first point during our UW-led Civil Rights pilgrimage where we faced the reality that the price of being black had been paid with innocent lives. These were not lives at the forefront of the struggle, but little girls who were simply changing into their choir robes for Sunday service.

We entered through a side door of the brick building, and formed a line down the stairs to the basement. As I stood in front of a portrait of the four children who were killed in the 1963 bombing, I realized that origin or ethnicity didn't matter; if you were black, you were the target. At the age of 22, this is what I confronted. It was here that I realized what I have been building toward all through college.

Martin stood up, Rosa sat down. That was pretty much all the black history we were taught in grade school. Growing up in North Seattle, I was often the only black student in my class. At the same time, I never identified as African American or black. My parents emigrated from Ethiopia and brought with them a strong identity rooted in their values, traditions, beliefs and culture. My brothers and I were always told to be proud of our heritage, to be proud that our country was never colonized, that we were from the region that birthed civilization. But as a teenager, I really didn't know how this would help me figure out who I was supposed to be in America.

My friends reminded me that I wasn't black enough to be black. I didn't speak Amharic fluently, so I wasn't Ethiopian enough. And I wasn't as light as my white friends. I never could find myself fitting into anything. I came to the University of Washington intending to use the school's vast resources for studying abroad. Instead, I made my own plan and traveled to Ethiopia for a quarter, building a public relations internship at Ethiopian Airlines around my interest in communication



Confrontation at the Bridge—Created by artist Jacob Lawrence ten years after "Bloody Sunday" when police attacked civil rights demonstrators at the Edmund Pettus Bridge in Selma, Alabama. Lawrence produced the print just a few years after he moved to Washington to join the faculty at the UW School of Art. He said of the subject: "I thought it was part of the history of the country, part of the history of our progress; not just the black progress, but of the progress of the people."

and media. After this amazing experience, I was convinced that I needed to move to Ethiopia for an extended period of time to address the negative preconceptions portrayed in western media. I believed that, in my own way, I could change the way we see this nation and other "Third World" countries that are similarly stereotyped. I had my plan: graduate and move to Ethiopia.

But early in my junior year, I learned about a Civil Rights pilgrimage to the American South with a group of alumni, students and faculty from Seattle. I jumped at the chance to experience another part of the United States and to learn from people who actually participated in the Civil Rights movement. Eight days on a bus driving through Mississippi, Arkansas, Alabama and Tennessee was overwhelming, but in the best way. We were consumed with history we didn't even know existed, getting to see these significant places and meeting people who had endured the most dehumanizing experiences and who were still standing strong.

It did something unexpected to me. It made me proud to be an American. Prior to this, I thought that meant being proud of our forefathers and the founding principles of this nation. But how could I be proud of a nation that institutionally exploited and discriminated against people who looked like me? Fortunately, I found a new meaning: standing for justice, equality, change and difference. I was so moved by my experience on the pilgrimage that I knew my relationship with the South couldn't stop there. I applied to be a mentor at a summer youth institute at the William Winter Institute for Racial Reconciliation at the University of Mississippi. I wanted a different perspective of American life in a place

The UW Civil Rights pilgrimage is a week-long trek for students, faculty, alumni and others through the South to visit key sights in the Civil Rights struggle. The trip, led by Communication Professor David Domke, is scheduled take place every fall and spring over the next two years.

so much closer to our nation's traumatic Civil Rights past than Seattle.

I was really nervous to work with high schoolers. I kept thinking, "I'm this Ethiopian girl from Seattle. How could I connect with these kids?" But it didn't take long. The students gave me a southern name, Aida Belle, and embraced me for who I was. I learned about their lives as Southerners and how aware they are of the inequalities that surround them. I was so impassioned by their openness that when I was offered the opportunity to return to Oxford and work at the Winter Institute for a semester, I jumped.

Although my family was concerned about my move there, I was excited to embark on a new journey. I knew it would be rich and rewarding. However, shortly after moving down, I learned firsthand how it felt to be targeted by racists. Leaving a theater after watching *Selma*, another woman, two men and I were threatened. A pickup drove in front of us in the parking lot. The window rolled down and I could see several young white men. The man in the passenger seat pointed at us and said, "Y'all are gonna die!" and "We're the KKK." Then they circled the lot. I couldn't register all that was happening or all that was being said. I was terrified

as they kept circling our car. Fortunately, the threats were all that came. We drove the long way home to make sure they couldn't follow us.

As I sit here writing about this, I am happy to say that is the only extreme incident I have faced. Through my three months at the institute, I've witnessed transformation within communities dealing with segregation in schools and housing, I've worked with local students to learn the history their towns hold, and I've helped create new media to share the incredible reconciliation and social justice work that has been happening from the campus of Ole Miss.

I also went on my third Civil Rights pilgrimage. With each trip across the South, I have grown more and more into the role that I am supposed to play in creating change.

I am now a pilgrimage singer, combining my passions for soul music and bringing people together around issues that really matter. We fill our voices into the spaces where courageous acts took place. Nothing has been more invigorating than singing freedom songs with our group the "52 Strong" as we joined arms and marched across the Edmund Pettus Bridge in Selma on the 50th Anniversary of Bloody Sunday.

I know now that my unique journey has led me to this point and I can't imagine a future where I am not addressing prejudice and inequality. Furthermore, I am thankful that these experiences have helped me

find my own unique identity and made me confident in who I am. I don't know exactly where I will end up in life, but I know that I want to be fighting for justice.

AIDA SOLOMON graduated in June with a degree in Communication. She plans to work as a pilgrimage singer for the next year.









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