“There is a widely held stereotype about people as they age: and that stereotype is that somehow, just as a consequence of age, love is less passionate and sex is more optional. While it may be true that love and sex change in later life, that doesn't mean they aren't an important, and perhaps essential, part of life at every stage of the life cycle.”

— Professor Pepper Schwartz

At UWRA’s fall meeting, Pepper Schwartz, UW professor of sociology, will separate myth from fact as she explores “Love and Relationships in Later Life.” This talk will cover some of the literature on intimacy and sexuality in later life--and how love and sex affect personal well-being and relationship satisfaction.

Schwartz is the national Love & Relationship Expert & Ambassador for AARP and writes the column “The Naked Truth,” which appears on AARP.org. She is the author of 23 books, including *Prime: Adventures and Advice on Sex, Love and the Sensual Years* and *Better Sex: AARP’s Guide to Sex After 50.*

We’ll gather at 10:15 in the Walker Ames Room of Kane Hall for coffee, cookies and conversation, with Dr. Schwartz's talk beginning at about 10:45. UWRA members and their guests are welcome to attend.

Register early for what is sure to be a popular program. You can sign up online or by calling the UWRA office at (206) 543-8600.
Suggest a candidate for nomination to UWRA Board

Do you know a UWRA member who can bring skills and knowledge to the work of the UWRA Board of Directors? The Nominating Committee seeks board nominees who are current or retired staff or faculty from any UW campus who reflect the diversity of our population in terms of ethnicity, gender and orientation.

Members of the board commit four to six hours a month to the organization. They attend monthly meetings, chair or serve on a UWRA committee and attend UWRA programs. You can see a list of current board members at uw.edu/uwra/about/board.

You may suggest names for candidacy by contacting the UWRA office by November 1.

Nominate a distinguished retiree for UW award

Nominations are now being accepted for the UW-UWRA Distinguished Retiree Excellence in Community Service Award. This annual award recognizes a UW faculty or staff retiree who is noteworthy for distinguished community service at the local, regional, national or international level.

A joint UW-UWRA committee selects the winner. The award is presented at the UW Awards of Excellence ceremony in June.

Award criteria and a nomination form are available online at the UWRA website, uw.edu/uwra.

Nominees not selected are retained in the pool of candidates for a second year.

If you have questions, please contact the UWRA office at (206) 543-8600 or by email at retiremt@uw.edu. Nominations received by November 20 will receive first consideration.

Explore interest groups

UWRA's interest groups welcome you to their programs for the coming year.

- **Birding**—varying Tuesdays
- **Book Review** — 2nd Friday
- **Bridge** — 3rd Monday
- **Computer Help** — 2nd Wednesday
- **Garden Club** — 1st Tuesday
- **Travelogue**— 3rd Wednesday
- **Walking**— every Wednesday

Get details at uw.edu/uwra/calendar, or call the office to request a paper flyer.

Attend a UW Benefits Fair November 1, 2 or 3

Save one of these dates to attend a UW Benefits Fair. Meet plan providers and explore all the benefits available to you. All fairs are open 10 AM – 3 PM.

- **Tuesday, November 1** – Health Sciences Building Lobby, UW South Campus
- **Wednesday, November 2** – Research & Training Lobby, Harborview Medical Center
- **Thursday, November 3** – HUB North Ballroom, UW Seattle Campus. This fair includes a Flu Shot Clinic, 9 AM – 3 PM, HUB Room 250, and Retiree Medical Presentation by the Health Care Authority, 10 – 11 AM, HUB Room 203

Benefits Fairs give UW employees an opportunity to explore health care and insurance options. Attending a Benefits fair is especially important if you are considering changing your medical or dental plan or adding or removing a dependent from your insurance during the open enrollment period (November 1-30).
Coming Events
uw.edu/uwra/calendar

OCTOBER
Fall Meeting:
Love & Relationships in Later Life
Professor Pepper Schwartz
Tuesday October 11, 10:15—12:00
Walker Ames Room, Kane Hall

What’s the Big Idea? Discussion group
Topic: The polarization of the current American political climate
Professor Christopher Parker
Wednesday October 19, 10:30—12:00, B70 Gerberding Hall
Registration required; space limited

SPECIAL UW EVENT
Together—Celebration of the UW
Friday October 21, 7:00 PM
Alaska Airlines Arena at Hec Edmundson Pavilion
uw.edu/together

NOVEMBER
Non-Financial Retirement Planning
Nancy Wick & Maurice Warner
Thursday November 3, 5:15 — 7:15,
220 Odegaard Library

DECEMBER
What’s the Big Idea? Discussion group
Topic: Couples in Winter
Professor John Gottman
Wednesday December 7, 10:30—12:00, B70 Gerberding Hall
Registration required; space limited

JANUARY
Got Your Ducks in a Row? End-of-Life Planning Workshop
Legal & financial necessities, advance directives and funeral planning
Co-hosted with People’s Memorial Association
Saturday January 28, 12:30—3:30, 220 Odegaard Library

Keep up with UWRA
We were happy to learn from our recent survey of members that you love receiving the e-digest each week. You’re finding this weekly summary of UWRA, UW and community events to be a quick and easy way to stay connected.

Another thing we learned from the survey: There are many of you who use email, but are not receiving the e-digest. This is probably because UWRA doesn’t have your email address. Please share it with us by sending a quick email to retiremt@uw.edu. Then we can subscribe you to the e-digest and you can take advantage of the many opportunities available to UWRA members.

You can also find out about UWRA events at uw.edu/uwra/calendar. Click on any event to see more information. If you see a little ‘Register’ button, clicking there will take you to a simple registration page.

If you ever have questions about UWRA programs or have trouble registering, you can contact the UWRA office, either by emailing retiremt@uw.edu or by calling (206) 543-8600.

No email? No worries! We will continue to keep you informed with paper mailings.

The Retiree Report is a publication of the University of Washington Retirement Association (UWRA), a non-profit, member-based organization.
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Engage, educate: UW Impact

Do you believe in the value of public higher education? Join UW Impact. As the legislative advocacy program of the University of Washington Alumni Association, UW Impact is dedicated to increasing state support to the UW and public higher education through grassroots advocacy. You can help by sending emails to your legislators, attending town hall meetings, and being a positive voice for higher ed in your community. Visit UWimpact.org and click on “Join UW Impact.”

On December 5, UW Impact will co-host the northwest premier of Starving the Beast, which examines the ideological shift in public higher education funding, followed by a panel discussion. This free event will be in Kane Hall.

Also, save the date for the 2017 UW Impact Legislative Preview, Thursday, January 5, 2017, in the HUB Lyceum.

Travelogues begin in October

Whether you’re a constant traveler or an armchair dreamer, you’ll find something to enjoy at UWRA’s Travelogues, 7:15 PM at the UW Club.

- October 19: Biking in Green Spain
- November 16: Walking in Austria

Travelogues start with an optional dinner at 5:45. Non-Club members are welcome. Make dinner reservations directly with the Club: (206)543-0437.

Parking update

If you’ve been to UW Seattle lately, you may have encountered long lines at the gates. Transportation Services has implemented new software that, so far, is causing delays.

At least for now, please allow extra time when you’re coming to campus. The good news is that retirees’ parking privilege is unchanged.

In Memoriam

Constantin Behler (Interdisciplinary Arts & Sciences, Bothell), June 22, 2016

John Bjorkstam (Electrical Engineering), August 30, 2016

James N. Bray (Ocean & Fishery Sciences), July, 2016

Anna Chavelle (Family Medicine), September 15, 2016

Richard Corlett (Mechanical Engineering), September 19, 2016

Mark Derr (spouse of Mary Ann Derr, Pathology), June 13, 2016

Vito Grieco (Physical Plant), August 25, 2016

Carol Lazara (surviving spouse of Michael Lazara, Forest Resources), September 8, 2016

Christian Melgard (spouse of Patricia Melgard, Pilot School), July 12, 2016

Gerald Oppenheimer (Health Sciences Library), August 23, 2016

Jack Taub (spouse of Frieda Taub, Ocean & Fishery Sciences), August 27, 2016

Solveig Thomson (Psychology), June 2, 2016