Welcome

• Why we’re here
• Millennial generation students
• College student development
• Resources at the University of Washington
• Take-aways
• Stay connected
• Questions
Why We’re Here

• You are our best partner in supporting your student
• Our mission is to help your student discover the limitless growth and learning opportunities the UW offers
• Parent and Family Programs can provide a window into the student experience at UW, by presenting ways for you to get more involved with the university, as well as access to the resources that interest you
• Your active participation will enrich not only the lives of students, but also the UW community at large
Millennial College Students
Generation “Y”: Born between 1982 and 2000

• Tech-savvy/connected
• Prone to multi-tasking
• Typically more managed
• High-achievers
• Enjoy recognition
• Want meaningful work
• Team-oriented/good collaborators
• Pressured
• Appreciate instant gratification
“One way that educators understand the process of student learning is through cognitive development theories, a collection of models and frameworks that together provide insight into students' meaning making and the methods that can be used to foster increasingly complex abilities...Cognitive development, while a crucial part of college and of life, can be difficult and frustrating for students as they challenge their own conceptions and fundamentally alter how they understand the world.”

- University of Illinois
## Chickering's Psychosocial Theory of Student Development

<table>
<thead>
<tr>
<th>Chickering’s Seven Vectors</th>
<th>What it looks like for your student</th>
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<tbody>
<tr>
<td>Developing Confidence: intellectual, physical/manual, and interpersonal competence (physical and manual skills)</td>
<td>Student learns how to do laundry and does it each week without being asked</td>
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<td>Managing Emotions: recognizing, accepting, appropriately expressing and controlling emotion</td>
<td>Student recognize &amp; accepts emotions and appropriately expresses and controls them during roommate conflict</td>
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<td>Moving Through Autonomy Toward Interdependence: increasing emotional independence, self-direction, and problem-solving abilities, as well as recognizing and accepting interdependence</td>
<td>Student takes ownership managing their time, registers for classes, and seeks tutoring assistance on campus</td>
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<td>Developing Mature Interpersonal Relationships: developing capacity for healthy intimate relationships that contribute to sense of self, while accepting and appreciating differences</td>
<td>Student establishes a new peer group -develops intercultural &amp; interpersonal tolerance, appreciates differences; creates healthy, intimate relationships</td>
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<td>Establishing Identity: based on feedback from significant others, developing comfort with self (physically and emotionally), one’s lifestyle, gender, sexuality and cultural heritage</td>
<td>Student acknowledge differences in identity development based on gender, ethnic background sexual orientation and lifestyle choices</td>
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<td>Developing Purpose: developing clear vocational goals and committing to personal interests and activities</td>
<td>Student develops career goals, make commitments to personal interests &amp; activities-establishes strong commitment to RSO</td>
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<td>Developing Integrity: moving from rigid, moralistic thinking to a more humanized personalized value system; acknowledging and accepting the beliefs of others.</td>
<td>Student develops strong sense of self and lifestyle congruent to his or her values</td>
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The Husky Experience

- Leadership
- Career Strategy
- Cultural Understanding
- Community Engagement
- Health and Wellness
- Life-Long Learning
Take-aways

• College is a great time to change, grow & develop responsibility.

• Don’t worry, it takes a little time.

• Remember, help is available.
Stay Connected

Email: uwparent@uw.edu
Website: uw.edu/parents
Facebook: facebook.com/wparentsandfamily
E-newsletter: uw.edu/parents/e-newsletters
Giving: uw.edu/giving/parents
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>September 10th, 2014</td>
<td>FIUTS International Parent Breakfast</td>
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<tr>
<td>September 19th, 2014</td>
<td>Office of Minority Affairs &amp; Diversity Welcome Daze</td>
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<tr>
<td>September 20th, 2014</td>
<td>Washington Huskies vs. Georgia State</td>
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<tr>
<td>September 21st, 2014</td>
<td>Convocation/Presidents Picnic</td>
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<td>September 28th, 2014</td>
<td>University of Washington Dawg Daze Mariners</td>
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<td>October 19th, 2014</td>
<td>Dawg Dash 5K walk/run</td>
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<tr>
<td>October 24th, 2014</td>
<td>W Day/Homecoming Celebration</td>
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