We invite women of all skill levels to join us in playing the sport of Ultimate Frisbee! No experience necessary. We teach both individual and team skills at practices. Our season begins in October and continues thru May. We compete in tournaments at the college level with a focus on the UPA College Championship Series held each spring. In 2008 we placed 3rd and in 2009 we placed 2nd at the UPA Nationals. In 2012, we won the National Championship! We play other college women’s teams from across the country and travel to tournaments up and down the West Coast and Vancouver, BC. We strive to compete at the highest level of play while maintaining the spirit of the game.

CLUB MEMBERSHIP
All currently enrolled UW students (Seattle campus) and faculty/staff IMA members may join the club. Faculty/staff may purchase their IMA Membership at the IMA Member Services Desk during operation hours.

UW extension, students of the ASUW experimental college, UW alumni, and the general public are not eligible to participate in the Club Sports program. Branch campus students are eligible with IMA membership.

MEMBERSHIP WAIVER CARD
All participants must complete a membership/waiver prior to club participation. Club Sports waivers can be completed online, at the IMA website, under course registration.

CLUB PRACTICES:
- **Dates:** Sept 29 – Dec 8
- **Days:** Tues/Thurs & Sunday
- **Time:** Tues/Thurs 8:00 – 10:00 pm
  Sunday: 2:00 - 5:00 pm
- **Location:** IMA Turf Field #1W

INSURANCE
The Department of Recreational Sports Programs strongly recommends that all Club Sport members have adequate accident/medical insurance coverage. Each Club Sport member is responsible for arranging their own coverage. For information on the University of Washington’s Student Health Insurance Plans: http://depts.washington.edu/ovpsl/insurance/index.shtml.

FOR MORE INFORMATION
- **Club Representatives:**
  - Nicole Cramer: nicole10@uw.edu
  - Sophie Johansen: sophiexj@uw.edu
- **Club Email:**
  wwufcaptains@uw.edu
- **Club Website:**
  http://students.washington.edu/wwuf
- **Club Sports Coordinator:**
  Chris Delaune
  206-543-9499
delaune@uw.edu
- **IMA Homepage:**
  http://depts.washington.edu/ima

The University of Washington is committed to providing equal opportunity and reasonable accommodation in it’s services, programs, activities, education, and employment for individuals with disabilities. To request disability accommodation, contact the Disability Services Office at least ten days in advance at:
(206) 543-6540 TTY, (206) 685-7264, or dso@uw.edu