Karate is the Japanese martial art of punching, blocking, kicking, and other striking techniques. In addition to physical applications our dojo focuses on situational awareness and development of a strong but self-critical mentality through hard practice. In this way karate is not an end but a means to an end. The Shotokan Karate Club and Shotokan Karate sports and fitness class are two linked groups that meet in the same room at the same time. Club members attend regular trainings, exchange practices and tournaments with other regional groups. Our club was established at the UW in 1986 and is associated with Shotokan Karate of America (SKA), the oldest non-profit karate organization in the US.

CLUB MEMBERSHIP
All currently enrolled UW students (Seattle campus) and faculty/staff IMA members may join the club. Faculty/staff may purchase their IMA Membership at the IMA Member Services Desk during operation hours. UW extension, students of the ASUW experimental college, UW alumni, and the general public are not eligible to participate in the Club Sports program. Branch campus students are eligible with IMA membership.

SPORTS SKILLS CLASS
Beginning Karate

- Tues/Thurs: 7:00 – 7:50 pm
- Price: $51.00

Register online or in-person at the IMA Programs Office at the beginning of each quarter. Please visit the IMA Website for additional information about Sports Skills Classes.

MEMBERSHIP WAIVER CARD
All participants must complete a membership/waiver prior to club participation. Club Sports waivers can be completed online, at the IMA website, under course registration.

The University of Washington is committed to providing equal opportunity and reasonable accommodation in it's services, programs, activities, education, and employment for individuals with disabilities. To request disability accommodation, contact the Disability Services Office at least ten days in advance at (206) 543-6540 TTY, (206) 685-7264, or dso@uw.edu