RULES FOR ALL TEAMS
1. Teams consist of 4 people (5 with an alternate). Two people in the crew will start at one end of the pool and race to the other end where the remaining 2 teammates will be waiting. The 2 teammates in the boat will switch with the 2 teammates waiting on the pool deck (the original crewmembers may jump out of the boat upon reaching the checkpoint).
2. The boat will then be raced back to the original starting point for the end of the race. A race consists of 50 yards, 2 lengths of the pool.
3. The race must begin and end with the two-person crew intact. Any use of lane lines, sides of the pool for pushing or pulling your boat will result in a disqualification.
4. All participants' arms and legs must be in the boat at all times. Body parts may not be used to propel the boats.

RULES and SUPPLIES FOR ALL BOATS
1. The entire hull, superstructure and seating of all boats must be made entirely of only cardboard provided.
2. Only cardboard provided is allowed.
3. Teams will be provided with a bag that contains a large plastic sheet, scissors, and 2 rolls of duct tape. Each team may bring one (1) roll (60 yards) of colored duct tape.
4. Only seams and joints may be taped, not the whole boat.
5. Only noodles may be used as oars.
6. Your boat must be free of sharp edges, pointy objects or anything else that could cause injuries.
7. The boat's passenger area must not be permanently enclosed above the occupants' shoulders. Each person must be visible while the boat is in the water.
8. Absolutely NO use of the following items: Tar-based substances, two-part varnishes, fiberglass resin, epoxy glue, any other two-part substances, or corrugated cardboard that's bonded to any material. Only Duct tape, cardboard and plastic sheeting provided.
9. To qualify as a finisher in any heat, you must be IN your boat, not towing it in your teeth or between your legs.
10. Heats will consist of no more than 4 boats at a time. Fastest finisher in each heat will compete for the championship.
THE AWARDS – depending on registration numbers

- First Place – IMA Champion t-shirts
- Second Place
- Third Place
- Judge’s Choice
- Most Outrageous
- Pride of the Regatta
  - Engineering Details-Floatability/movement in the water
- Vogue Award
  - Most attractive or spectacular-looking boat.
- Team Spirit Award
  - For the team that has the most fun participating.
- Giligan Award
  - Boat that will most likely leave you stranded.