Beyond Labels:
A group for Lesbian, Gay, Bisexual, Transgendered, Queer, Questioning, Asexual or other non-heteronormative oriented students

This group is designed for individuals who want to talk with supportive others in a private location about their own sexual orientation, gender identity or expression or related interests or concerns.

The goal of this group is to provide a safe space for group members to share thoughts, feelings and experiences related to:

- intersecting identities (sex, gender, race, preferences, culture, expression)
- hetero-privilege and the oppression of those who are different
- common micro-aggressions and how to respond to them
- internalized and externalized homophobia
- LGBTQIA terminology
- variability in sexual orientation and gender expression
- the “coming out” and “coming in” processes
- available resources
- socio-political concerns
- relationship concerns
- various topics identified by group members

Develop new ways to better understand yourself and your experiences by gaining perspective from other group members.

This group is open to undergraduate and graduate students of all (or no) genders. Groups form at the beginning of each quarter and meet Thursday afternoons from 3:00 – 4:30.

All interested students will need to schedule a pre-group meeting. Please contact John Rumney at jrumn@uw.edu or call 206-543-1240 to be scheduled.