Women’s Group

This small group is designed for graduate and non-traditionally-aged undergrads who identify as female and who would like to better understand themselves and how they connect with others. Participants will share and learn from others about issues that affect their day-to-day lives in a private environment that is supportive and empowering. Participants will be encouraged to notice and comment on interactions in the group in order to deepen understanding of interpersonal connections.

Who: UW grad students or non-traditionally-aged undergrads, who identify as female
What: Interpersonal Process Group
When: Thursdays from 3:00 – 4:30 PM
Where: Counseling Center, 401 Schmitz Hall
Facilitators: Katey Nicolai, M.A. and Amy Collins, Ph.D.
Other details: There is no charge for this group
Next steps: For an informational meeting to determine if this group is right for you, call 206-543-1240 or email amyc26@uw.edu

COUNSELING CENTER
UNIVERSITY OF WASHINGTON
Division of Student Life
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