

What Do Mentors Do?

There are several ways you can assist your mentee in moving forward in his or her career and life.

The following is a list of things that mentors do. For each item in the list, check as many responses as are appropriate for you.

Mentors . . .	Others have done this for me	I've done this for others	I'm willing to do this for someone now
Set high performance expectations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Offer challenging ideas	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Help build self-confidence	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Encourage professional behavior	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Offer friendship	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Confront negative behaviors and attitudes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Listen to personal problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Teach by example	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Provide growth experiences	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Offer quotable quotes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Explain how the organization works	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Help far beyond their/my duties or obligations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stand by their/my mentee in critical situations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Offer wise counsel	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Trigger self-awareness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Inspire to excellence	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Share critical knowledge	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Offer encouragement	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Assist with career development, exploration, advancement	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>