

## Deborah Seaman, MPH, Seaman Associates



### PHILOSOPHY STATEMENT

My belief: I believe in tapping the motivation and strengths of individuals and groups in organizations to help them work together more productively and with greater satisfaction.

### MY APPROACH

- Inquire about issues and listen deeply
- Provide feedback and coaching
- Act as a resource and provide tools
- Encourage active participation and application of skills

### AREAS OF EXPERTISE/RESULTS

- Consulting and Training on Change Management
- Facilitating Problem Solving Meetings
- Coaching for High Performance
- Facilitation Training
- Facilitation of Strategic Planning
- Resolving Conflict in Teams
- Training to Promote Understanding among the Generations at Work
- Supervisory Training
- Facilitation of Teambuilding Retreats and Meetings
- Mediation of Conflict between Individuals
- Communication Skills and Styles Training
- Managing Difficult Customer Interactions Training
- Training and Facilitation to Develop Healthy Teams

### EXPERIENCE / SELECTED PROJECTS

- Thirteen years in Healthcare at Manager-Director level; twelve years as consultant.
- Designing and facilitating transition sessions with staff of two merging organizations.
- Facilitating strategic planning in a division crossing two university campuses, including designing systems and structures to foster and sustain integration.
- Facilitating feedback sessions and coaching members of an executive team interested in fostering greater truth telling among themselves and with their direct reports.
- Facilitating the management of a large division's transition from providing manual transactions for clients to managing processes using technology with clients.

### CREDENTIALS

- Bachelor of Arts, Sociology, University of California at Berkeley
- Master of Public Health, University of California at Berkeley
- Past-President, Rotary Club of Emerald City
- Past Director of Organizational Development & Training at Harborview Medical Center and Highline Community Hospital; past Manager of HRD at Stanford University Hospital
- K-8 Elementary and Community College Teaching Credentials

### SELECTED CLIENTS

- UW, Stanford University Campus Depts. and Medical Centers
- Yale-New Haven Medical Center
- Council of Washington State University Presidents
- US Army Corps of Engineers

Contact the Alliance at 206-616-8461 OR [alliance@u.washington.edu](mailto:alliance@u.washington.edu).