

Karen Kane – Still Point Leadership, Inc.

PHILOSOPHY STATEMENT

Leadership is not just a role – it's a way of being. How you show up is what makes you a leader. My specialty is working with leaders and their teams to support them in showing up in the way they need to in order to perform at the highest level possible and achieve great results. I have a deep understanding of what it takes to change both individual behavior and team dynamics, and offer a powerful combination of 1:1 leadership coaching and live-action team coaching to help clients make those changes. In every engagement I work with clients to identify specific results they want to achieve, and customize my services to their specific goals and circumstances.



AREAS OF EXPERTISE/RESULTS

- Leadership and executive coaching focused on specific results
- Live action team coaching that supports in-the-moment learning and skill development
- Organization development consulting
- Leadership development training focused on practical tools and skills
- Consulting focused on team process and development
- Somatic coaching to embody new skills and be able to access them under pressure

EXPERIENCE / SELECTED PROJECTS

- Eleven years' experience coaching leaders, managers, and individual contributors in organizations from all sectors (private, public, education, health care, non-profit)
- Experience as an internal consultant at Washington State Department of Labor & Industries providing coaching and consulting services focused on improving performance, leading change, and producing desired results
- Provided live action coaching to numerous leaders and their teams from Washington State agencies, resulting in significantly improved levels of effective and honest communication; greater clarity of goals, roles, and accountability; and increased effectiveness in achieving significant goals
- Provided 1:1 coaching services for numerous leaders and other individuals designed to support them in developing new skills and achieving specific, mutually-agreed-upon outcomes
- Over 20 years' experience training and facilitating groups through difficult conversations

CREDENTIALS

- M.A. Applied Behavioral Sciences (Organization Development), Leadership Institute of Seattle
- Certified in Emotional Intelligence Profile Tool, Learning in Action Technologies, Bellevue, WA
- Certified in Leadership Embodiment (Somatic Leadership Coaching), San Rafael, CA
- Certified Professional Coach, New Ventures West, San Francisco, CA
- Member, Puget Sound Coaches Association
- Ongoing, advanced professional training with New Ventures West, Strozzi Institute, Leadership Embodiment

SELECTED CLIENTS

- Washington State Office of Superintendent of Public Instruction
- Group Health Permanente
- PATH
- Washington State Employment Security
- Aviarc, Inc.
- Mercer Island School District

Contact the Alliance at 206-616-8461 OR alliance@u.washington.edu.