



PARENT FEEDBACK SHEET



	100	You're right on course for launching your teen!
	85	You are doing a lot to support your teen's launch!
	75	Additional work may improve your teen's
	60	Your teen may need your help in maneuvering the rough waters ahead.

What can I do with this information?

1. Take a look at the items that you scored a 3 or 4. What are you doing that's responsible for your high score in these items? If it's working for you, keep it up!
2. Notice the items that you scored a 1 or 2. Ask yourself "How can I do more of this?" Try to figure out what you would need in order to do these things more and how it would benefit your family. What barriers do you need to overcome? What skills do you need to develop?
3. Ask yourself how improvement in any of these areas would make for a better launch for your teen and decide which improvements would make the biggest difference.
4. If you decide to make some improvements, what will you tackle first?
5. Consider asking for help to make these adjustments quicker and easier. It takes time, energy, and desire to improve your relationship with your teen. Feel free to talk with your School Home Coordinator if you have specific things you want to work toward. We're here to help!