

Weight Watchers @ Work Schedule

UW Seattle Campus - Tuesdays

Summer Session

June 3, 2008 - September 30, 2008 (17 meetings, 18 wks)

Session Cost: 17 weeks at \$186 (\$10.94 per week)

Leader: email [Lisa Miller](mailto:Lisa.Miller@u.washington.edu)

*Weigh-in Time: 12:00, Meeting 12:15-12:45, Getting started session 12:45-1:00 p.m.

Tuesday Dates	Location	Rooms	Time
6/3 - 6/17	Mary Gates Hall	Rm 420	noon to 1:00 p.m.
6/24/2008	Mary Gates Hall	Rm 310D	noon to 1:00 p.m.
7/1 - 7/8/2008	Mary Gates Hall	Rm 420	noon to 1:00 p.m.
7/15/2008	Mary Gates Hall	Rm 310D	noon to 1:00 p.m.
7/22 - 7/29/2008	Mary Gates Hall	Rm 420	noon to 1:00 p.m.
8/5/ - 8/12/2008	Mary Gates Hall	Rm 258	noon to 1:00 p.m.
8/19/2008	Mary Gates Hall	Rm 310D	noon to 1:00 p.m.
8/26/2008	Mary Gates Hall	Rm 258	noon to 1:00 p.m.
9/9/2008	Mary Gates Hall	Rm 310D	noon to 1:00 p.m.
9/16- 9/30/2008	Mary Gates Hall	Rm 258	noon to 1:00 p.m.

Note: Weight Watchers sessions at the University medical centers have been discontinued until further notice.

For more information about Weight Watchers @ Work, please see:
<http://www.washington.edu/admin/hr/benefits/wellness/wtwatchers.html>