

Weight Watchers @ Work Schedule

The following is a list of current meetings, meeting leaders, and their contact information. If you are interested in attending a meeting, contact the meeting leader.

Join any week. Prorated fees are available after the second week.

Schmitz Hall on Tuesdays at noon

Oct 13, 2009 – Feb 2, 2010 (17 meetings, 17wks)

Session Cost: 17 weeks at \$204.00 (\$12.00 per week)

Leader: Lisa Miller, wwlisa@comcast.net

*Weigh-in 12:00 p.m. | Meeting 12:15-12:45 p.m. | “Getting Started” session 12:45-1:00 p.m.

Tuesday Dates	Location	Rooms	Time
10/13/2009 – 2/2/2010	Schmitz Hall	SMZ 490	noon to 1:00 p.m.

UW Medical Center on Fridays at noon

November 20, 2009 – April 2, 2010 (17 meetings, 20 weeks)

Session Cost: 17 weeks at \$186 (\$10.94 per week)

Leader: Ellen Graham, zardypants@aol.com

*Weigh-in 12:00 p.m. | Meeting 12:15-12:45 p.m. | “Getting Started” session 12:45-1:00 p.m.

Wednesday Dates	Location	Rooms	Time
11/20/2009	UW Medical Center	SW 377, MICC Conf Rm	Noon – 1:00 p.m.
11/27/2009	*no meeting*	Holiday	
12/4 – 12/18/2009	UW Medical Center	SW 377, MICC Conf Rm	Noon – 1:00 p.m.
12/25/2009 – 1/1/2010	*no meeting*	Holiday	
1/8/2010 - 4/2/2010	UW Medical Center	SW 377, MICC Conf Rm	Noon – 1:00 p.m.